

National Institute of Open Schooling
Senior Secondary Course: Home Science
Lesson 28A: Introduction to Housekeeping
Worksheet 28A

1. 'Embroidery has always played a very significant role in the lives of Indian people'
With reference to this statement list any six traditional embroideries of India
2. Justify the statement that 'Embroidery is painting with needle and thread'
3. Describe a hand sewing needle. Explain why we need different sizes of needles for different fabrics.
4. Differentiate between round frame and rectangular frame. When is each of them used

4. Keep the following on the kitchen slab for three days and note your observations for each: Banana; Mango; Potato; Give reasons for any changes seen.
5. You see rats in your local grocery store. Will you continue to buy groceries from there? Give two reasons for your answer. Give two suggestions to the shopkeeper on how to keep his store free of rodents, insects and pests .
6. List the causes of Food Spoilage. Discuss with your mother how she protects the food from spoilage. Note down the measures given by her in a tabular form
7. When you go with your parents to shop for vegetables and fruits what quality indicators do you look for? Give a reason for choosing them
8. You have to buy milk for your family. What will be your selection criteria? How will you store it
9. List some general precautions that we should take while selecting and storing spices
10. Your family buys oil in bulk, but lately you are observing a stale smell in it after a few months of purchase. Discuss with your family the quality indicators to purchase oil and the right method to store it.