

**4****MEDHA SUKTAM**

This is a very pious and powerful suktam. By reciting this suktam daily with faith, devotion and concentration we can acquire a good and powerful memory, fame, good thoughts, courage, wisdom, internal light, good creative energy, sound health and we become younger not only by mind but by body also, irrespective of our age.

Medha is the ability to understand and hold what one has learnt through various sources. It's not just enough to understand a thing, one has to hold it. On the other hand, it's not just holding and memorizing something without understanding. Medha is the ability to understand and hold it in the memory.

Many Rishis experienced that by reciting these Mantras of



Note

Medha Sukta, they could develop Medha Shakti. Let us learn how to recite Medha Sukta.



OBJECTIVES

After reading this lesson you will be able to:

- recite Medha Suktam;
- understand the meaning of Medha Suktam;
- understand the importance of Medha in one's life.

4.1 MEDHA SUKTAM

तैत्तिरीयारण्यकम् - ४ प्रपाठकः १० - अनुवाकः ४१-४४

ॐ यश्छन्दसामृषभो विश्वरूपः। छन्दोभ्योऽध्यमृतात्संबभूव। स मेन्द्रो मेधया स्पृणोतु।
अमृतस्य देवधारणो भूयासम्। शरीरं मे विचर्षणम्। जिह्वा मे मधुमत्तमा। कर्णाभ्यां
भूरिविश्रुवम्। ब्रह्मणः कोशोऽसि मेधया पिहितः। श्रुतं मे गोपाय।

ॐ शान्तिः शान्तिः शान्तिः ॥

Om yaśchandasāmṛṣabho viśvarūpaḥ | chandobhyo'dhyamṛtāt sambabhūva | sa
mendro medhayā spṛṇotu | amṛtasya deva dhāraṇo bhūyāsam | śarīraṁ me
vicarṣaṇam | jihvā me madhumattamā karṇābhyāṁ bhūri viśruvam |brahmaṇaḥ
kośo'si medhayā pihitaḥ | śrutam me gopāya |

Om śāntiḥ śāntiḥ śāntiḥ

May the almighty (universal form), exalted among the Vedas and born of the essence of the Vedas, bless me with wisdom.



Note

May I be blessed with the nectar of immortality; May my body become active. May my tongue speaks soft; May my ears hear everything well. You are the repository of Brahman, and are hidden by the intellect. May my memory protect me. Om peace, peace, peace.

ॐ मेधादेवी जुषमाणा न आगाद्विश्वची भद्रा सुमनस्यमाना ।

त्वया जुष्टा नुदमाना दुरुक्तान् बृहद्वदेम विदथे सुवीराः ॥

Om medhā devī juṣamāṇā nā āgād-viśvācī bhadrā sūmanasyamānā |
tvayā juṣṭā nuḍamānā duruktān bṛhad-vādema vīdathē suvīrāḥ || 1 ||

May the all-knowing, all-auspicious Goddess of knowledge, be favourably minded to (us), and delighting (in us) visit us. May we who are helplessly lost in unsuitable speech (duruktân) (before your visit), now as the result of Your delight in us, become enlightened, and also capable of expressing the Truth with our heroic children or/and disciples. (1)

त्वया जुष्ट ऋषिर्भवति देवि त्वया ब्रह्माऽऽगतश्रीरुत त्वया ।

त्वया जुष्टश्चित्रं विन्दते वसु सानो जुषस्व द्रविणो न मेधे ॥

tvayā juṣṭa ṛṣir bhāvati devī tvayā brahmā'gata śrīr-uta tvayā |
tvayā juṣṭás-citraṃ vindate vasu sā nō juṣasva draviṇo na medhe || 2 ||

O Goddess of intellect! Favoured/blessed by You, one becomes a wise, one becomes a brâhma a (the knower of Brahman)



Note

(brahmâ'gataúrî). Favoured by You, one obtains prosperity. Favoured by You, one obtains manifold wealth. Being such, O Goddess of intellect! Delight in us, and confer on us various forms of prosperity. (2)

मेधां म् इन्द्रो ददातु मेधां देवी सरस्वती ।

मेधां मे अश्विनावुभावाधत्तां पुष्करस्रजा ॥

meḍhāṃ maṃ indro dadātu, meḍhāṃ devī sarāsvatī |

meḍhāṃ me aśvināvubhā-vādhattāṃ puṣkara srajā || 3 ||

May Lord Indra grant us intelligence. May Goddess Sarasvatī grant us knowledge. May both the twin gods Asvins, wearing fragrant Lotus garlands, grant us wisdom. (3)

अप्सरासु च या मेधा गन्धर्वेषु च यन्मनः ।

दैवीं मेधा सरस्वती सा मां मेधा सुरभिर्जुषताः स्वाहा ॥

apsarāsu ca yā meḍhā gāndharveṣu ca yan-manah |

daivīm meḍhā sarāsvatī sā māṃ meḍhā surabhir-juṣatām || 4 ||

May I also be blessed with that knowledge that the apsaras (celestial dancers) possess, also the mental sharpness of the gandharvas. (Bless me with) that intelligence comprising Vedic learning and that divine intelligence, which has spread like fragrance. (4)



Note

आमां मेधा सुरभिर्विश्वरूपा हिरण्यवर्णा जगती जगम्या ।

ऊर्जस्वती पर्यसा पिन्वमाना सा मां मेधा सुप्रतीका जुषन्ताम् ॥

ā māṃ meḍhā surabhir-viśvarūpā hirāṇya-varṇā jagatī jagamyā |
ūrjāsvatī payāsā pinvāmānā sā māṃ meḍhā supratīkā juṣantām || 5 ||

May That Goddess of intelligence who is pervasive like fragrance (or wish-fulfilling cow), who is capable of examining all objects, who possesses golden letters (in the shape of the syllables of the Vedas), who is continuously present, who is worthy to be adopted to again and again (by the seekers of the Truth), who possesses flavour and strength, and who nourishes me with milk and other wealth, come to me with joyful expression and favour me. (5)

मयि मेधां मयि प्रजां मय्यग्निस्तेजो दधातु
मयि मेधां मयि प्रजां मयीन्द्र इन्द्रियं दधातु
मयि मेधां मयि प्रजां मयि सूर्यो भ्राजो दधातु।
ॐ शान्तिः शान्तिः शान्तिः ॥

mayi meḍhāṃ mayi prajāṃ mayyagnis-tejō dadhātu |
mayi meḍhāṃ mayi prajāṃ mayīन्द्रā indriyaṃ dādhatu |
mayi meḍhāṃ mayi prajāṃ mayi sūryo bhrājō dadhātu || 6 ||
Om śāntiḥ śāntiḥ śāntiḥ

May Agni (the Fire God) grant us intelligence, and unbroken lineage of children and/or disciples, and the brilliance of the

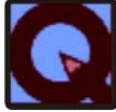
**Note**

Vedic studies. May Indra (the presiding deity of all sense-organs) grant us intelligence, unbroken lineage of children and/or disciples, and health. May Sûrya (the Sun) grant us intelligence, unbroken lineage of children and/or disciples, and courage to face all situations. (6)

peace, peace, peace everywhere

Activities

- Recite Medha Suktam everyday

**INTEXT QUESTIONS 4.1**

1. रिक्तस्थानानि पूरयत—

1. स मेन्द्रोँ " स्पृणोतु।
2. मे विचर्षणम्।
3. ब्रह्मणः मेधया पिहितः।
4. ॐ मेधादेवी नु आगाँद्विश्वाचीं भुद्रा सुमनुस्यमांना।
5. अप्सरासुं च या मेधा च यन्मनः।



WHAT HAVE YOU LEARNT

- Recitation of the Medha Suktam.
- Real meaning of Medha suktam.



TERMINAL QUESTIONS

1. Write the of Medha suktam in your own words.



ANSWERS TO INTEXT QUESTINS

4.1

1.

1. मेधया
2. शरीरं
3. कोशोऽसि
4. जुषमाणा
5. गन्धर्वेषुं



Note