

**18**

VISHNU SAHASRA NAMA STOTRAM-VII

Dear learner this lesson is in continuation of the previous lesson where you have studied some shloks of Vishnu-sahasra-nam stotras and their meaning. In this lesson also you are going to read some more shlokas. Here thousands of names of Vishnu will be completed.



OBJECTIVES

After reading this lesson shlokas you will be able to:

- recite all shlokas properly;
- know the meaning of shaloka.



Note

18.1 VISHNU SAHASRA NAMA STOTRAM-VII

mÜkjU; kl % A

Hkt'e mokp ---

इतीदं कीर्तनीयस्य केशवस्य महात्मनः ।

नाम्नां सहस्रं दिव्यानामशेषेण प्रकीर्तितम् ॥ १ ॥

Bhishma said — Thus the thousand divine names of Bhagavan Krsna, the Supreme Being who is supremely worthy of being praised, have been chanted in their entirety.

य इदं शृणुयान्नित्यं यश्चापि परिकीर्तयेत् ।

नाशुभं प्राप्नुयात्किञ्चित्सोऽमुत्रेह च मानवः ॥ २ ॥

Whoever hears or recites these names daily will never accrue any inauspiciousness, either in this world or the world beyond.

वेदान्तगो ब्राह्मणः स्यात्क्षत्रियो विजयी भवेत् ।

वैश्यो धनसमृद्धः स्याच्छूद्रः सुखमवाप्नुयात् ॥ ३ ॥

From this recitation the Brahmin will obtain knowledge of the Vedanta, a Ksatriya will attain victory, the Vaishya will become wealthy and the Sudra will enjoy immense happiness.



Note

धर्मार्थी प्राप्नुयाद्धर्ममर्थार्थी चार्थमाप्नुयात् ।
कामानवाप्नुयात्कामी प्रजार्थी प्राप्नुयात्प्रजाम् ॥ ४ ॥

The chanter who desires merit will obtain it, the desirer of wealth will get riches, the seeker of gratification of the senses will attain all of them, and the seeker of progeny will be successful.

भक्तिमान् यः सदोत्थाय शुचिस्तद्गतमानसः ।
सहस्रं वासुदेवस्य नाम्नामेतत्प्रकीर्तयेत् ॥ ५ ॥

If one who is very devoted to the Lord, rises early in the morning and purifies himself, (with the bath and observance of the daily rituals) then with his mind firmly fixed on Lord Vasudeva, he recites the thousand names of Vasudeva.

यशः प्राप्नोति विपुलं ज्ञातिप्राधान्यमेव च ।
अचलां श्रियमाप्नोति श्रेयः प्राप्नोत्यनुत्तमम् ॥ ६ ॥

He becomes endowed with great reputation and becomes the foremost amongst his kith and kin. He acquires undiminished wealth in this world, and unexcelled prosperity (in the other world i.e. Liberation).



Note

न भयं क्वचिदाप्नोति वीर्यं तेजश्च विन्दति ।

भवत्यरोगो द्युतिमान्बलरूपगुणान्वितः ॥ ७ ॥

There is no fear for him from any quarter. He acquires valour and power. He becomes endowed with strength, a healthy body and noble qualities.

रोगार्तो मुच्यते रोगाद्बद्धो मुच्येत बन्धनात् ।

भयान्मुच्येत भीतस्तु मुच्येतापन्न आपदः ॥ ८ ॥

One who is suffering from any disease will be rid of it. One who is in bondage will be released. One who is afflicted by fear will become courageous. And one who is in difficulties will surmount them.

दुर्गाण्यतितरत्याशु पुरुषः पुरुषोत्तमम् ।

स्तुवन्नामसहस्रेण नित्यं भक्तिसमन्वितः ॥ ९ ॥

If a person is exclusively devoted to Sri Krsna and his only desire is to obtain Him, all his difficulties will automatically vanish even though he does not pray for any relief from them.

वासुदेवाश्रयो मर्त्यो वासुदेवपरायणः ।

सर्वपापविशुद्धात्मा याति ब्रह्म सनातनम् ॥ १० ॥



Note

That person who has taken refuge in Vasudeva, and who thinks that Vasudeva is the highest goal to be reached, becomes cleansed of all sins and his mind becomes pure. He finally attains the eternal beatitude.

न वासुदेवभक्तानामशुभं विद्यते क्वचित् ।
जन्ममृत्युजराव्याधिभयं नैवोपजायते ॥ ११ ॥

Nothing inauspicious ever occurs to the devotees of Krsna. Nor do they have any fear from birth and death or old age and disease.

इमं स्तवमधीयानः श्रद्धाभक्तिसमन्वितः ।
युज्येतात्मसुखक्षान्तिश्रीधृतिस्मृतिकीर्तिभिः ॥ १२ ॥

That person who chants this Hymn with Zeal and Devotion, becomes blessed with the happiness of the self, forbearance, riches, steadiness of mind, good memory, and great fame.

न क्रोधो न च मात्सर्यं न लोभो नाशुभा मतिः ।
भवन्ति कृत पुण्यानां भक्तानां पुरुषोत्तमे ॥ १३ ॥

There is nothing good which is superior to devotion to Lord Govinda. Neither anger nor jealousy, neither greed nor evil

Class-V



Note

thoughts, haunt the minds of those people who are true devotees of Krsna, and who have acquired merit by virtuous deeds.

द्यौः सचन्द्रार्कनक्षत्रा खं दिशो भूर्महोदधिः ।

वासुदेवस्य वीर्येण विधृतानि महात्मनः ॥ १४ ॥

The firmament, along with the moon, the Sun and the stars, the sky, the directions, earth and the great ocean — all, are supported by the power of Vasudeva the Supreme Lord.

ससुरासुरगन्धर्व सयक्षोरगराक्षसम् ।

जगद्वशे वर्ततेदं कृष्णस्य सचराचरम् ॥ १५ ॥

This world along with all the sentient and insentient objects, with gods, asuras and gandharvas, as well as yakshas, and rakshasas is under the control of Sri Krsna.

इन्द्रियाणि मनो बुद्धिः सत्त्वं तेजो बलं धृतिः ।

वासुदेवात्मकान्याहुः क्षेत्रं क्षेत्रज्ञ एव च ॥ १६ ॥

The sense organs, mind, intellect, (the quality of) sattva, power, strength, stability, as well as the body and the individual soul all have Vasudeva as their indweller.



Note

सर्वागमानामाचारः प्रथमं परिकल्प्यते ।

आचारप्रभवो धर्मो धर्मस्य प्रभुरच्युतः ॥ १७ ॥

Right conduct has been laid down as the most important of, and the foremost of all the dharmas revealed by the Shastras (the valid and authoritative texts). Right conduct gives rise to dharma, and Bhagavan Krsna is the Lord of all dharma.

ऋषयः पितरो देवा महाभूतानि धातवः ।

जङ्गमाजङ्गमं चेदं जगन्नारायणोद्भवम् ॥ १८ ॥

The sages, Pitaras (departed ancestors), gods, the Great Elements, and their effects, the moving and the non-moving objects which comprise the entire universe — all have been projected from Narayana.

योगो ज्ञानं तथा साङ्ख्यं विद्याः शिल्पादि कर्म च ।

वेदाः शास्त्राणि विज्ञानमेतत्सर्वं जनार्दनात् ॥ १९ ॥

The knowledge of yoga, Sankhya, arts, works, Vedas and Shastras — a knowledge of all these springs from Bhagavan Krsna.

Class-V



Note

एको विष्णुर्महद्भूतं पृथग्भूतान्यनेकशः ।

त्रील्लोकान्व्याप्य भूतात्मा भुङ्क्ते विश्वभुगव्ययः ॥ २० ॥

Vishnu is the unique and unparalleled deity in that he pervades the great elements of different kinds and the three worlds of existence. He is the Supersoul of all beings and their Protector. He transcends all of them and is not touched by their defects thus He enjoys supreme bliss.

इमं स्तवं भगवतो विष्णोर्व्यासेन कीर्तितम् ।

पठेद्य इच्छेत्पुरुषः श्रेयः प्राप्तुं सुखानि च ॥ २१ ॥

That person who desires to obtain supreme bliss and the pleasures of the world should recite this hymn of the Lord Vishnu sung by the great sage Vyasa.

विश्वेश्वरमजं देवं जगतः प्रभुमव्ययम् ।

भजन्ति ये पुष्कराक्षं न ते यान्ति पराभवम् ॥ २२ ॥

The Lotus-eyed Lord is the Eternal Supreme Deity, the Ruler of the universe, and the cause of the creation and destruction of the universe. Those who chant his names will never meet with disrespect or discomfiture of any kind. Salutations to that Lord of all Auspiciousness.



Note

न ते यान्ति पराभवम् ऊँ नम इति ।

vtū mokp ---

पद्मपत्रविशालाक्ष पद्मनाभ सुरोत्तम ।

भक्तानामनुरक्तानां त्राता भव जनार्दन ॥ २३ ॥

Arjuna said — O Krsna the greatest of gods with broad eyes like lotuses and with a lotus-like navel. Be you the saviour of your loving devotees.

JhHkxokupkp ---

यो मां नामसहस्रेण स्तोतुमिच्छति पाण्डव ।

सोऽहमेकेन श्लोकेन स्तुत एव न संशयः ॥ २४ ॥

Sri Krsna said — O Arjuna a person may desire to praise me with this entire hymn of a thousand names, but I accept the praise of even one verse — there is no doubt about it.

स्तुत एव न संशय ऊँ नम इति ।

0; kl mokp ---

वासनाद्वासुदेवस्य वासितं भुवनत्रयम् ।

सर्वभूतनिवासोऽसि वासुदेव नमोऽस्तु ते ॥ २५ ॥

Class-V



Note

Vyasa said — O Vasudeva! All three worlds have been created and are pervaded by you as Vasudeva. You are the resting place for all beings. Salutations to you ! Salutations to you O Vasudeva!

श्री वासुदेव नमोऽस्तुत ॐ नम इति ।

i koR; pkr ---

केनोपायेन लघुना विष्णोर्नामसहस्रकम् ।

पठ्यते पण्डितैर्नित्यं श्रोतुमिच्छाम्यहं प्रभो ॥ २६ ॥

Parvati said — What is the shortest method by which the thousand names of Vishnu are daily recited by learned men, please teach me O Lord Siva.

bZ oj mokp ---

श्रीराम राम रामेति रमे रामे मनोरमे ।

सहस्रनाम तत्तुल्यं राम नाम वरानने ॥ २७ ॥

Siva said — Sri Rama is the source of delight to the heart, I feel joy by repeating the name of Rama. Rama's name is indeed on a par to the Thousand Names O lovely faced Parvati.

श्रीरामनाम वरानन ॐ नम इति ।

cākṣp ---

नमोऽस्त्वनन्ताय सहस्रमूर्तये सहस्रपादाक्षिशिरोरुबाहवे ।

सहस्रनाम्ने पुरुषाय शाश्वते सहस्रकोटियुगधारिणे नमः ॥ २८ ॥

Brahma said — Salutations to the Infinite Bhagavan, who has a thousand forms, a thousand feet, eyes, heads and arms, and who is the Eternal Being having a thousand names. Salutations to Him Who is the substratum of a billion ages. Salutations to the Auspicious Lord Who is the substratum of a billion eons.

सहस्रकोटियुगधारिणे ॐ नम इति ।

ॐ तत्सदिति श्रीमहाभारते शतसाहस्र्यां संहितायां वैयासिक्यामानुशासनिके पर्वणि भीष्मयुधिष्ठिरसंवादे श्रीविष्णोर्दिव्यसहस्रनामस्तोत्रम् ॥

l ¥t; mokp ---

यत्र योगेश्वरः कृष्णो यत्र पार्थो धनुर्धरः ।

तत्र श्रीर्विजयो भूतिर्ध्रुवा नीतिर्मतिर्मम ॥ २९ ॥

Sanjaya said — Where Sri Krsna the Lord of Yoga is and where Arjuna the archer is, there are found, stability, lustre, victory, prosperity and ethics. This is my considered view.



Note

Class-V



Note

JHkxokuqk ---

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते ।

तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम् ॥ ३० ॥

Sri Krsna said — With reference to those who find it impossible to live without thinking of me, I take the responsibility of bringing about their union with Me and of maintaining that union forever.

परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।

धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ॥ ३१ ॥

For the protection of the righteous and for the destruction of evil-doers, for the establishment of dharma I am born again and again in every age

आर्ताः विषण्णाः शिथिलाश्च भीताः घोरेषु च व्याधिषु वर्तमानाः ।

सङ्कीर्त्य नारायणशब्दमात्रं विमुक्तदुःखाः सुखिनो भवन्ति ॥ ३२ ॥

All those who are in adversity, sorrowful, who are at a loose end, frightened, terrified, or in the grip of disease, by simply chanting the name of Narayana they will be released from their suffering and will attain supreme beatitude.

Vishnu Sahasra Nama Stotram-VIII

कायेन वाचा मनसेन्द्रियैर्वा बुद्ध्यात्मना वा प्रकृतेः स्वभावात् ।
करोमि यद्यत् सकलं परस्मै नारायणायेति समर्पयामि ॥ ३३ ॥

Whatever action I may do through my hands, speech, mind, senses, intelligence or Self, by my nature or natural disposition, all of these I offer unto the Supreme Lord Narayana.

इति श्रीविष्णोर्दिव्यसहस्रनामस्तोत्रं सम्पूर्णम् ।

ॐ तत् सत् ।



INTEXT QUESTIONS 18.1

1. कः अशुभं न प्राप्नुयात् ?
2. विष्णु.सहस्रनाम.स्तोत्रम् श्रुत्वा ब्राह्मणः किं भवेत् ?
3. प्रजार्थी किं प्राप्नुयात् ?
4. कः अचलां श्रियं आप्नोति ?
5. पुण्यभक्तानां किं न भवन्ति ?



WHAT HAVE YOU LEARNT

- Thousands names of God Vishnu.
- Recitation of all shlokas.

Class-V



Note

Class-V



Note

Vishnu Sahasra Nama Stotram-VII

- Their meaning.
- Qualities of God Vishnu.



TERMINAL QUESTIONS

1. What is the significance of Vishnu-Sahasra-Nam-Stotram.
2. Write some qualities of God Vishnu.



ANSWERS TO INTEXT QUESTIONS

1. यः इदं विष्णुसहस्रनामस्तोत्रम् नित्यं शृणुयात् ।
2. ब्राह्मणः वेदान्तगो भवेत् ।
3. प्रजाम्
4. यः भक्तिमान् सदा उत्थाय वासुदेवस्य नामं प्रकीर्तयेत् ।
5. न क्रोधः न मात्सर्यं न लोभः न च अशुभा गतिः भवति ।