



## 9

## EKATMATA STOTRA - SONG OF UNITY

A nation is consisting of its people, physical features, cultures and values inherited in the society. The culture and values are developed, grown and transmitted from one area to another over a period of time. These values, special natural phenomena, noble action of its people and leaders becomes motivation for next generation. Ekatm Stotra is collection of shlokas praising the nature, mountains, rivers, great leaders and the values of Indian society. This lesson will make you feel proud about our country.



### OBJECTIVES

After studying this lesson, you will be able to :

- recite all 33 shlokas from ekatmata stotra;
- identify the grand traditions of the land;
- appreciate the beauty of nature and its interaction with people;  
and
- appreciate the rich literature of country.



Notes

## 9.1 SHLOKA OF EKATMATA STOTRA (1 TO 20)

Are you not proud of you? Your parents? People? Nation? Country and the society? We as a nation, have a great things to remember. We study the historical events in social studies. Here is a set of shlokas containing all such grand scenario of our nation. This is called Ekatmata Stotra. The song of unity. All the Sadhakas, Sadhana and tradition is just listed here.

- ॐ सच्चिदानंदरूपाय नमोस्तु परमात्मने ।  
ज्योतिर्मयस्वरूपाय विश्वमांगल्यमूर्तये ॥1॥

Om. I bow to the supreme Lord who is the very embodiment of Truth, Knowledge and Happiness, the one who is enlightened, and who is the very incarnate of universal good.

- प्रकृतिः पंचभूतानि ग्रहा लोकाः स्वरास्तथा ।  
दिशः कालश्च सर्वेषां सदा कुर्वन्तु मंगलम् ॥2॥

Nature is composed of three qualities i.e., Satva, Rajas and Tamas. It is also a combination of the five Elements namely Fire, Water, Air, Earth and Space. The seven notes of Music, the ten directions and the time divided into past, present and future, may all these bless us with blessings.

3. रत्नाकराधौतपदां हिमालयकिरीटिनीम् ।  
ब्रह्मराजर्षिरत्नाढ्यां वन्दे भारतमातरम् ॥3॥

I bow to the Motherland Bhaarat, whose feet are being washed by the ocean waves, whose crown is the snowy Himalayas, whose illustrious sons have distinguished themselves as Brahmarshis and as Rajarshis.

4. महेन्द्रो मलयः सह्यो देवतात्मा हिमालयः ।  
ध्येयो रैवतको विन्ध्यो गिरिश्चारावलिस्तथा ॥4॥

These mountains of our country should always be remembered - Mahendra, Malaya Giri, Sahyadri, Himalaya, the abode of deities, Raivataka, Vindhyachal and Aravali.

5. गंगा सरस्वती सिन्धुः ब्रह्मपुत्रश्च गण्डकी ।  
कावेरी यमुना रेवा कृष्णा गोदा महानदी ॥5॥

These important rivers of our motherland are Ganga, Sarasvati, Sindhu, Brahmaputra, Gandaki, Kaveri, Yamuna, Reva (Narmada), Krishna, Godavari and Mahanadi.

6. अयोध्या मथुरा माया काशीकांची अवन्तिका ।  
वैशाली द्वारिका ध्येया पुरी तक्षशिला गया ॥6॥

Important holy places of our mother land are Ayodhya, Mathura,



**Notes**



## Notes

Maya, Kashi, Kanchi, Avantika, Vaishali, Dwaarika, Puri, Takshashila and Gaya.

7. प्रयागः पाटलीपुत्रं विजयानगरं महत् ।  
इन्द्रप्रस्थं सोमनाथः तथौमृतसरः प्रियम् ॥7॥

The cities like Prayaga, Pataliputra, Vijayanagara, Indraprastha, Somanath and Amritsar are dear to us.

8. चतुर्वेदाः पुराणानि सर्वोपनिषदस्तथा ।  
रामायणं भारतं च गीता सद्दर्शनानि च ॥8॥

This land is the place of the origin of such great works like the four Vedas, eighteen Puranas, all the Upanishads, the Ramayana, the Mahabharata, the Gita, Six Darshanas (the true Philosophies).

9. जैनागमास्त्रिपिटकाः गुरुग्रन्थः सतां गिरः ।  
एषः ज्ञाननिधिः श्रेष्ठः श्रद्धेयो हृदि सर्वदा ॥9॥

The Agama books of Jainism, the Tripitaka of Buddhism and the truthful verse of Guru Granth Sahib were also written here, which are near the core of our heart and we admire these texts.

10. अरुन्धत्यनसूया च सावित्री जानकी सती ।  
द्रौपदी कण्णगी गार्गी मीरा दुर्गावती तथा ॥10॥

Arundhati, Anasuya, Savitri, Janaki, Sati, Draupadi, Kannagi, Gargi, Meera and Durgavati.



**Notes**

11. लक्ष्मीरहल्या चन्नम्मा रुद्रमाम्बा सुविक्रमा ।  
निवेदिता सारदा च प्रणम्या मातृदेवताः ॥11॥

Lakshmibai, Ahalya Bai Holkar, Chennamma, Rudramaambaa, Sister Nivedita and Ma Sharada. These great ladies must be worshipped as mother goddesses.

12. श्रीरामो भरतः कृष्णो भीष्मो धर्मस्तथार्जुनः ।  
मार्कण्डेयो हरिश्चन्द्रः प्रह्लादो नारदो ध्रुवः ॥18॥

These are the great men of our country whose glory has been sung in the Puranic lore - Lord Rama, King Bharata, Lord Krishna, Bhishma Pitamah, Dharmaraja Yudhishtir, Arjuna, Sage Markandeya, King Harishchandra, Prahlada, Narada, Dhruva.

13. हनुमान् जनको व्यासो वसिष्ठश्च शुको बलिः ।  
दधीचिविश्वकर्माणो पृथुवाल्मीकिभार्गवाः ॥13॥

Hanuman, King Janaka, Vyasa, Vashishtha, Shukadeva Muni, King Bali, Dadhichi, Vishwakarma, King Prithu, Sage Valmiki and Parashurama.



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14. भगीरथश्चैकलव्यो मनुर्धन्वन्तरिस्तथा ।  
शिबिश्च रन्तिदेवश्च पुराणोद्गीतकीर्तयः ॥14॥

King Bhagiratha, Eklavaya, Manu, Dhanvantari and King Rantideva. The puranas chant the glory of these noble personalities.

15. बुद्धा जिनेन्द्रा गोरक्षः पाणिनिश्च पतंजलिः ।  
शंकरो मध्वनिंबार्को श्रीरामानुजवल्लभौ ॥15॥

May these noble souls distinguished in their chosen field of activity generously bless us with their divine virtues: Lord Buddha, Lord Mahavira, Yogi Gorakhnath, Panini, Patanjali, Adi Shankaracharya and saints like Madhvacharya and Nimbarkacharya.

16. झूलेलालौथ चैतन्यः तिरुवल्लुवरस्तथा ।  
नायन्मारालवाराश्च कंबश्च बसवेश्वरः ॥16॥

Jhulelal, Mahaprabhu Chaitanya, Tiruvalluvar, Nayanmars, Alwars, Kamban and Basaveshwar.

17. देवलो रविदासश्च कबीरो गुरुनानकः ।  
नरसिस्तुलसीदासो दशमेशो द्ढव्रतः ॥17॥

Maharishi Devala, Sant Ravidas, Kabir, Guru Nanak, Bhakta Narshi Mehta, Tulsidas and Guru Gobind Singh.

18. श्रीमत् शंकरदेवश्च बंधू सायणमाधवौ ।  
ज्ञानेश्वरस्तुकारामो रामदासः पुरन्दरः ॥18 ॥

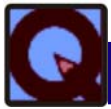
Shankardeva, the brothers Sayanacharya and Madhavacharya, Sant Gyaneshwar, Tukaram, Samartha Guru Ramdas and Purandaradasa.

19. बिरसा सहजानन्दो रामानन्दस्तथा महान् ।  
वितरन्तु सदैवैते दैवीं सद्गुणसंपदम् ॥19 ॥

Birsa Munda of Bihar, Swami Sahajananda and Swami Ramananda. These great noble persons equipped with virtues were living in our great motherland.

20. भरतर्षिः कालिदासः श्रीभोजो जकणस्तथा ।  
सूरदासस्त्यागराजो रसखानश्च सत्कविः ॥20 ॥

Great Poets and writers were born in our country like Sage Bharat, Poet Kalidas, Jakana, Shri Bhoj, Surdas, Bhakta Thyagaraja and Raskhan.



### **INTEXT QUESTIONS 9.1**

1. List out five elements of life.
2. Name any five mountains of our country.
3. Make a list of 5 rivers of India.



**Notes**



Notes

4. Write the name of four holy books of India.
5. Prepare a list of 5 great women of India.

## 9.2 SHLOKA OF EKATMATA STOTRA (21 TO 30)

Lets us recite and learn the meaning of next shlokas.

21. रविवर्मा भातखंडे भाग्यचन्द्रः स भूपतिः ।  
कलावंतश्च विख्याताः स्मरणीया निरंतरम् ।।21 ।।

Great painter Ravi Varma was also lived here. The great warriors and conquerors of our country, which shined like moon (Bhagya Chandra) and united Akhand Bharat must be continuously remembered. Let's remember these great emperors.

22. अगस्त्यः कंबुकौण्डिन्यौ राजेन्द्रश्चोलवंशजः ।  
अशोकः पुश्यमित्रश्च खारवेलः सुनीतिमान् ।।22 ।।

Agastya, Kambu, Kaundinya, King Rajendra of Chola Dynasty, Ashoka the Great, Pushyamitra and Kharavela.

23. चाणक्यचन्द्रगुप्तौ च विक्रमः शालिवाहनः ।  
समुद्रगुप्तः श्रीहर्षः शैलेंद्रो बप्परावलः ।।23 ।।

Chanakya, Chandragupta, Vikramaditya, Shalivahana, Samudragupta, Harshvardhana, King Shailendra and Bappa Raval.



24. लाचिद्भास्करवर्मा च यशोधर्मा च हूणजित् ।  
श्रीकृष्णदेवरायश्च ललितादित्य उद्बलः ॥24 ॥

Lachit Barfukan, Bhaskarverma, Yashodharma who defeated Hunas, Sri Krishnadevaraya and Lalitaditya.

25. मुसुनूरिनायकौ तौ प्रतापः शिवभूपतिः ।  
रणजित सिंह इत्येते वीरा विख्यातविक्रमाः ॥25 ॥

Musunoori Nayakas (Prolaya Nayak, Kappa Nayak), Maharana Pratap, Chhattarpati Shivaji and Maharaja Ranjit Singh. The great warriors were reknowned.

26. वैज्ञानिकाश्च कपिलः कणादः सुश्रुतस्तथा ।  
चरको भास्कराचार्यो वराहमिहिरः सुधीः ॥26 ॥

These are the great Indian Scientists whom we must not forget- Kapila, Kanaada Rishi, Sushruta, Charaka, Bhaskaracharya and Varahamihira.

27. नागार्जुनो भरद्वाजः आर्यभट्टो वसुर्बुधः ।  
ध्येयो वेंकटरामश्च विज्ञा रामानुजादयः ॥27 ॥

Nagarjuna, Bharadwaja, Arya Bhata, Jagdish Chandra Basu, C.V. Raman and Ramanujan. We must remember these scientists.



**Notes**



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28. रामकृष्णो दयानंदो रवींद्रो राममोहनः ।  
रामतीर्थोऽरविंदश्च विवेकानंद उद्यशाः ॥28 ॥

Sri Rama Krishna Pramhansa, Swami Dayananda, Rabindra Nath Tagore, Raja Ram Mohan Rai, Swami RamTirtha, Maharishi Aurobindo and Swami Vivekananda.

29. दादाभाई गोपबंधुः तिलको गान्धिरादताः ।  
रमणो मालवीयश्च श्रीसुब्रह्मण्यभारती ॥29 ॥

Dada Bhai Nauroji, Gopa Bandhu Das, Bal Gangadhara Tilak, Mahatma Gandhi, Maharishi Ramana, Mahamana Madan Mohan Malviya, Tamil poet Subrahmaniya Bharati.

30. सुभाषः प्रणवानंदः क्रांतिवीरो विनायकः ।  
ठक्करो भीमरावश्च फुले नारायणो गुरुः ॥30 ॥

Netaji Subhash Chandra Bose, Swami Pranavaananda, the great revolutionary Vinayak Damodar Savarkar, Thakkar Bappa, Bhim Rao Ambedkar, Mahatma Jyoti Rao Phule and Narayana Guru. 30 .

31. संघशक्तिप्रणेतारौ केशवो माधवस्तथा ।  
स्मरणीयाः सदैवैते नवचैतन्यदायकाः ॥31 ॥

The founder of RSS Dr. Hedgewar and his successor Sri Guruji



Golwalkar. These are the some social religious leaders who brought about a great revival of the age old Hindu Society and infused new blood into its veins. These all need to be remembered for their noble work to the society.

32. अनुक्ता ये भक्ताः प्रभुचरणसं?सक्तहृदयाः अनिर्दिष्टा वीराः  
अधिसमरमुद्धवस्तरिपवः ।  
समाजोद्धर्तारः सुहितकरविज्ञाननिपुणाः नमस्तेभ्यो भूयात् सकलसुजनेभ्यः  
प्रतिदिनम् ।।32।।

There are many more devotees of Bharat Mata, whose name could not be recalled in the limited space here. Their hearts are in constant communion with God. Again there are numerous warriors who defeated the enemies of Bharat Mata but today unfortunately we do not know their names. Still there might have been left out some important names of great social reformers and adept scientists through oversight. May our deep reverence and regards reach out to them daily.

33. इदमेकात्मतास्तोत्रं श्रद्धया यः सदा पठेत् ।  
स राष्ट्रधर्मनिष्ठावान् अखंडं भारतं स्मरेत् ।।33।।

This is the Unity Hymn. He who recites it daily with reverence and devotion will be firmly established in the Dharma of Nationalism. And in him the memory of Akhand Bharat would never fade.



Notes



## INTEXT QUESTIONS 9.1

1. Prepare a list of 5 great warrior of India.
2. Give name of 5 great Indian Scientist.
3. Make a list of 5 great social reformer of India.



## WHAT HAVE YOU LEARNT

- We as a nation, have a great things to remember till the date.
- We study the historical events in social studies.
- We worship our land, mountains and rivers.
- India is a land of noble writers, great warriors, great artists and poets, renowned scientists, noble leaders and social reformers.
- We must remember their contribution to society and nation.
- We should praise them.
- Their many unknown persons who contributed a lot. However, their contribution is not mentioned in the history. We must appreciate their work and be thankful for them.



## TERMINAL QUESTIONS

1. Who bless all of us?
4. Who was Raja Ravi Verma.
5. Why we must appreciate the unknown contributors to the society?



## ANSWERS TO INTEXT QUESTIONS



Notes

### 9.1

1. Fire, Water, Air, Earth and Space.
2. Mahendra, Malaya Giri, Sahyadri, Himalaya, the abode of deities, Raivataka, Vindhyaachal and Aravali (Any five)
3. Ganga, Sarasvati, Sindhu, Brahmaputra, Gandaki, Kaveri, Yamuna, Reva, Krishna, Godavari and Mahanadi (Any five)
4. The four Vedas, eighteen Puranas, all the Upanishads, the Ramayana, the Mahabharata, the Gita, the true Philosophies (Six Darshanas), the Agama books of Jainism, the Tripitaka of Buddhism and the truthful verse of Guru Granth Sahib. (Any five)
5. Arundhati, Anasuya, Savitri, Janaki, Sati, Draupadi, Kannagi, Gargi, Mira and Durgavati, Lakshmibai, Ahalya Bai Holkar, Chennamma, Rudramaambaa, Sister Nivedita and Ma Sharada. (Any five)

### 9.2

1. Chanakya, Chandragupta, Vikramaditya, Shalivahana, Samudragupta, Harshvardhana, King Shailendra, Bappa Raval, Lachit Barfukan, Bhaskarverma, Yashodharma, Sri Krishnadevaraya, Lalitaditya, Musunoori Nayakas, Maharana Pratap, Chhattarpati Shivaji and Maharaja Ranjit Singh. (Any five)

**Notes**

2. Kapila, Kanaada Rishi, Sushruta, Charaka, Bhaskaracharya and Varahamihira, Nagarjuna, Bharadwaja, Arya Bhata, Jagdish Chandra Basu, C.V. Raman and Ramanujan. (Any five)
3. Sri Rama Krishna Pramhansa, Swami Dayananda, Rabindra Nath Tagore, Raja Ram Mohan Rai, Swami RamTirtha, Maharishi Aurobindo, Swami Vivekananda, DadaBhai Nauroji, Gopa Bhandhu Das, Bal Gangadhara Tilak, Mahatma Gandhi, Maharishi Ramana, Mahamana Madan Mohan Malviya, Tamil poet Subrahmaniya Bharati (Any five)