

SAMPLE QUESTION PAPER
EARLY CHILDHOOD CARE AND EDUCATION - 376

Time: 3hours

Maximum Marks: 80

Note:

- i) This question paper consists of 43 questions in all.
- ii) All questions are compulsory.
- iii) Marks are given against each question.

Q. No. 1 to 16 – Multiple Choice Questions (MCQs) carrying 1 mark each. Select and write the most appropriate option out of the four options given in each of these questions. An internal choice has been provided in some of these questions. You have to attempt only one of the given choices in such questions.

Q. No. 17 to 29 – Objective Type Questions included Reading Comprehension Passage (**Q. No 17-19**), Match the Column (**Q. No 20**), True/False (**Q. No 21-23**), Fill in the Blanks (**Q. No 24-26**) and One Word Answer Questions (**Q. No 27-29**). An internal choice has been provided in some of these questions. Attempt questions based on specific instructions for each part.

Q. No. 30 to 35 – Very Short Questions carrying 02 marks each to be answered in the range of 30 to 50 words.

Q. No. 36 to 41 – Short Answer Questions carrying 03 marks each to be answered in the range of 50 to 80 words.

Q. No. 42 and 43 – Long Answer Questions carrying 05 marks each to be answered in the range of 80 to 120 words.

Select and write the correct answer from the given options.		
Q.1	<p>The period from years is time for rapid development.</p> <p style="text-align: center;"> a) Birth to six b) Three to six c) Three to eight d) Six to eight </p> <p style="text-align: center;">OR</p> <p>Child mortality refers to the total number of child deaths.....per 1000 live births.</p> <p style="text-align: center;"> a) Under the age of eight years b) Under the age of three years c) Under the age of one year d) Under the age of five year </p>	1
Q.2	<p>Identify balance/complete diet for the first six months of a newborn.</p> <p style="text-align: center;"> a) Cow milk b) Dalia c) Breast milk d) Mashed fruits </p> <p style="text-align: center;">OR</p> <p>Identify guiding principle of the National Plan of Action for Children 2016.</p> <p style="text-align: center;"> a) Last Child First b) Educate Last Child c) First Child Last d) None of the above </p>	1
Q.3	<p>Personal hygiene habits include</p> <p style="text-align: center;"> a) Brushing teeth twice daily b) Wearing clean clothes c) Covering the mouth while coughing d) All of the above </p>	1
Q.4	<p>If your friend is low weight for height; it is related to_____.</p>	1

	<p>a) Stunting c) Underweight</p>	<p>b) Wasting d) Obesity</p>	
Q.5	<p>As a service provider for ECCE programmes; choose the criteria one will ensure before providing ECCE services?</p> <p>a) The service delivery norms, standards and regulations of the state. b) Stimulating and enriched environment to children for their holistic development. c) Inclusive and equitable quality education d) All of the above</p>		
Q.6	<p>The function/s of placenta is/are: I) Nourishes the developing embryo</p>	<p>II) Removing waste materials from the embryo</p>	1
	<p>a) I & II c) Only I</p>	<p>b) Only II d) None of the above</p>	
Q.7	<p>Select important milestones of cognitive achievement of toddlers.</p> <p>a) Distinguishing between 'you' and 'me' c) Babble and gurgle and laugh</p> <p style="text-align: center;">OR</p> <p>Relate the domain with the ability to focus on the past and future as well as the present.</p> <p>a) Language Domain c) Socio-emotional Domain</p>		<p>b) Can identify family members d) Wiggling and kicking</p> <p>1</p>
Q.8	<p>Concrete Operational Stage is associated with</p> <p>a) Language Development c) Physical Development</p>		<p>b) Social Development d) Cognitive Development</p> <p>1</p>
Q.9	<p>An automatic response to a particular form of stimulation is observed as</p> <p>a) Stepping c) Reflexes</p>		<p>b) Sucking d) Startle</p> <p>1</p>
Q.10	<p>Nutritious food, adequate sleep, exercise and immunization are examples of</p> <p>a) Psychological need c) Health need</p> <p style="text-align: center;">OR</p> <p>Small play group consists</p> <p>a) 10-12 children c) Less than six students</p>		<p>b) Physical need d) Social need</p> <p>b) Whole Class d) More than six students</p> <p>1</p>
Q.11	<p>Choose the odd one for 'centre-based care'.</p> <p>a) Crèches c) Care at provider's home</p> <p style="text-align: center;">OR</p> <p>Select the most appropriate term which is necessary to enhance curiosity, motivation and real learning.</p> <p>a) Care c) Environment</p>		<p>b) Child care centres d) Day care centres</p> <p>1</p>
Q.12	<p>As a teacher, what will Madan do to resolve behavioral and discipline issues with children?</p> <p>a) Will ignore c) Will punish the child</p>		<p>b) Will complain school head d) Will arrange a parent teacher meeting</p> <p>1</p>

	OR	
	<p>What method you will administer to prevent children from getting diseases for which there is no medical treatments.</p> <p>a) Traditional Therapies c) Immunizations</p>	<p>b) Balance diet to enhance immunity d) a and b</p>
Q.13	<p>As a teacher, what will you organize for holistic development of the child?</p> <p>a) Quality Books c) Lecture by Subject Expert</p> <p style="text-align: center;">OR</p> <p>Select the channels of parent teacher communication.</p> <p>I) by appointment II) Random visit to centre</p> <p>a) Only II c) I, II and III</p>	<p>b) Different types of Play d) Ways to express their thought</p> <p>III) through means of technology</p> <p>b) I and III d) Only III</p> <p style="text-align: right;">1</p>
Q.14	<p>To check the progress of growth and development of the child, which record will you prefer to prepare.</p> <p>a) Report Card c) Miscellaneous Records</p>	<p>b) Attendance Record d) Portfolio</p> <p style="text-align: right;">1</p>
Q.15	<p>Select the odd one for examples of Assistive Technology.</p> <p>a) Computer c) Wheelchairs</p> <p style="text-align: center;">OR</p> <p>Examine the need of Early Identification.</p> <p>a) It can make a huge and a positive difference b) It can significantly minimize the social, behavioral, or learning difficulties c) It can reduce the risk in later life d) All of the above</p>	<p>b) Braille d) Awareness</p> <p style="text-align: right;">1</p>
Q.16	<p>Which type of disability one child is facing if s/he is having difficulty with putting the information together to make sense of it.</p> <p>a) Learning disability c) Sensory impairment</p>	<p>b) Developmental disabilities d) Psychological disabilities</p> <p style="text-align: right;">1</p>

Read the passage given below -

How did you learn to behave differently with different people? Do you behave similarly in all situations or do you behave differently in different situations? When children enter this complex world, they do not know any rules and regulations of society. They learn step by step to interact with others, relate with others and obey social rules. How we relate to others in different social situations and learn to act according to the established social rules and regulations of society comes under social development. It also includes participation and involvement in social activities and understanding the meaning of being part of social groups. A child is a social being and needs to connect with people around for a fulfilling life. Socialisation is the process by which children acquire skills to become responsible adults in their society. Children are socialised primarily by parents/family that make children understand and realise the difference between right and wrong and help in developing a code of conduct in them. Gradually, the social world of children expands and includes their teachers and peer group in preschool/school and in the neighbourhood.

Based on your understanding of the passage, answer the questions 17 to 19

<p>Q.17</p>	<p>Attempt any two questions</p> <p>i) Define socialisation. ii) Who is the first agent for socialisation of children? iii) In the context of social development, other agents of socialisation areand.....</p>	<p>2</p>																				
<p>Q.18</p>	<p>Attempt any two questions</p> <p>i) Give the appropriate title for the above passage. ii) The above passage is associated with which domain of child development? iii) Establishment of rules of a particular society is the part of</p>	<p>2</p>																				
<p>Q.19</p>	<p>i) You visited a monument/park to celebrate your birthday with your friends. How will you dispose of the waste material after the birthday party? ii) Which skill makes child to understand and realise the difference between right and wrong?</p>	<p>2</p>																				
<p>Q.20</p>	<p>Match the Column -</p> <table border="1" data-bbox="180 730 1365 1052"> <tr> <td>Equality of opportunity in public employment</td> <td>Article 17 of the constitution of India</td> </tr> <tr> <td>Free and compulsory education to all children of the age of six to fourteen years</td> <td>Article 24 of the constitution of India</td> </tr> <tr> <td>Prohibition of employment of children</td> <td>Article 19 of the constitution of India</td> </tr> <tr> <td>Freedom against untouchability</td> <td>Article 16 of the constitution of India</td> </tr> <tr> <td></td> <td>Article 21a of the constitution of India</td> </tr> </table> <p style="text-align: center;">OR</p> <table border="1" data-bbox="180 1100 1365 1650"> <tr> <td>National Health Policy (NHP), 2017</td> <td>The Policy commits to universal access to quality early childhood education to all children under six years of age.</td> </tr> <tr> <td>Integrated Child Development Services (ICDS), 1975</td> <td>The policy aims the attainment of the highest possible level of health and wellbeing for all at all ages</td> </tr> <tr> <td>National Early Childhood Care and Education Policy, 2013</td> <td>Provides completely free and cashless services to pregnant women and sick newborns</td> </tr> <tr> <td>Mid Day Meal Scheme (MDMS), 1995</td> <td>It encompasses all children in the age group of 0-6 years, pregnant women and lactating mothers.</td> </tr> <tr> <td></td> <td>To improve the nutritional status of children studying in primary classes</td> </tr> </table>	Equality of opportunity in public employment	Article 17 of the constitution of India	Free and compulsory education to all children of the age of six to fourteen years	Article 24 of the constitution of India	Prohibition of employment of children	Article 19 of the constitution of India	Freedom against untouchability	Article 16 of the constitution of India		Article 21a of the constitution of India	National Health Policy (NHP), 2017	The Policy commits to universal access to quality early childhood education to all children under six years of age.	Integrated Child Development Services (ICDS), 1975	The policy aims the attainment of the highest possible level of health and wellbeing for all at all ages	National Early Childhood Care and Education Policy, 2013	Provides completely free and cashless services to pregnant women and sick newborns	Mid Day Meal Scheme (MDMS), 1995	It encompasses all children in the age group of 0-6 years, pregnant women and lactating mothers.		To improve the nutritional status of children studying in primary classes	<p>1x4 = 4</p>
Equality of opportunity in public employment	Article 17 of the constitution of India																					
Free and compulsory education to all children of the age of six to fourteen years	Article 24 of the constitution of India																					
Prohibition of employment of children	Article 19 of the constitution of India																					
Freedom against untouchability	Article 16 of the constitution of India																					
	Article 21a of the constitution of India																					
National Health Policy (NHP), 2017	The Policy commits to universal access to quality early childhood education to all children under six years of age.																					
Integrated Child Development Services (ICDS), 1975	The policy aims the attainment of the highest possible level of health and wellbeing for all at all ages																					
National Early Childhood Care and Education Policy, 2013	Provides completely free and cashless services to pregnant women and sick newborns																					
Mid Day Meal Scheme (MDMS), 1995	It encompasses all children in the age group of 0-6 years, pregnant women and lactating mothers.																					
	To improve the nutritional status of children studying in primary classes																					
<p>Write True (T) or False (F) for the questions 21 to 23</p>																						
<p>Q.21</p>	<p>Attempt any two questions</p> <p>i) Play groups are formed on the basis of children’s shared interests, backgrounds or activities ii) To provide concrete experience to children about different cultures, theme families can be planned. iii) A child with print awareness is emotionally developed.</p>	<p>1x2</p>																				

Q.22	<p>Attempt any one question</p> <p>i) ECCE teachers should be patient and persistent to address different needs of children in the class. ii) Administration is the controlling act of managing activities of an organization</p>	1
Q.23	<p>i) If the medium of instruction is Bhojpuri but the parents speak English at home, this is a case of home and school language divide.</p>	1
Fill in the blanks for the questions 24 to 26		
Q.24	<p>Attempt any two question</p> <p>i) Lack of products is a to Assistive Technology. ii) One child is fully unable to see (visually impaired), is an assistive technology parents prefer for him/her. ii) Physiotherapy is a strategy for Early</p>	1x2
Q.25	<p>Attempt any one question</p> <p>i) Services for ECCE programmes in India are provided byand..... ii) Early childhood is the period from to years.</p>	1
Q.26	<p>i) 5-12 year old children understand rules and thus prefer games likeand</p>	1
Write a one word answer for the questions 27 to 29		
Q.27	<p>Attempt any three question</p> <p>i) Being a mentor/caregiver of a child, mention any intervention you will prefer for delayed milestones in gross motor skills? ii) Give an example of sensory stimulation in early years. iii) Which activity will you organise for all round development of the child of age 3-4 years? iv) Give one example of outdoor activity at ECCE centre for the child of age 5-6 years.</p>	1x3
Q.28	<p>Attempt any two question</p> <p>i) Which policy will you prefer to prevent India from stunting, under-nutrition and anemia? ii) If you've observed a child who appears very weak and unhealthy, mention the factor/cause which is responsible for child's health. iii) Being an ECCE owner, which policy will provide you the guidelines to promote quality and excellence in the ECCE centre?</p>	1x2
Q.29	<p>Attempt any one question</p> <p>i) Being the manager of ECCE centre, mention the strategy Radha will opt to raise funds for the ECCE centre. ii) Being the manager of ECCE centre, what will Radha prefer to establish the truth and fairness of the accounts?</p>	1
Q.30	<p>What do you understand about domains of development? Diagrammatically present the various domains of development.</p> <p style="text-align: center;">OR</p> <p>Differentiate between Heteronomous Stage and Autonomous Stage</p>	2

Q.31	How can caregiver ensure proper growth and development of a child while prioritizing the importance of meeting their physical needs?	2
Q.32	Do you agree that play plays a crucial role in fostering all-round development and growth in children? Support your answer by highlighting the various values of play.	2
Q.33	Discuss role of teacher as facilitator in children's play.	2
Q.34	Explain two components of readiness for preschool which ensures smooth transition of the child? OR Define the term transition and enlist different factors that impact transition	2
Q.35	Identify eight factors due to which you feel that people around you are diverse from you. OR What could be the impact on children if the ECCE centre fails to sensitize students about the diversity in the class?	2
Q.36	Do you agree that there is a need to provide quality early childhood care and education to young children of ages 3 to 8 years? Support your answer with suitable reasons	3
Q.37	"Development of children is a complex and a continuous process. It takes place in many areas or domains which together influence their holistic development" Comment the statement. OR Though all infants are expected to follow a 'normal' pattern of prenatal development, some factors might impinge normal growth. Comment on the statement and discuss the various factors affecting prenatal growth and development.	3
Q.38	Explain the stages of play defined by Smilansky. OR Define Indicators of Progress. Evaluate different ways of children learning along with learning areas.	3
Q.39	Explain with an example from day-to-day life that how all domains are interdependent to each other? OR What principles of caregiving will you keep in mind as a mentor/caregiver of children under three years?	3
Q.40	Differentiate among Supervision, Monitoring and Mentoring in the context of an ECCE centre.	3
Q.41	What steps will you take to overcome the home-school language divide while working with tribal children?	3
Q.42	What do you understand by ECCE? On the basis of your observation; describe essential components that together contribute to the development and wellbeing of children during early childhood. OR	5

	The first three years are crucial as children ‘use or lose’ what they have, also as ‘serve and return’. Comment on the statement and discuss three factors that influence early childhood.		
Q.43	As a class teacher, plan different five types play for the age group of 1 to 4 years, as per the opinion of Parten. OR As a class teacher, plan five developmentally appropriate activities for different domains (1@each domain) for the age group of 1 to 4 years.		5
Q.No	EXPECTED VALUE POINTS FOR EACH STEP	Distribution of Marks	Total Marks
Q.1	a) Birth to six OR d) Under the age of five years	1	1
Q.2	c) Breast milk OR a) Last Child First	1	1
Q.3	d) All of the above	1	1
Q.4	b) Wasting	1	1
Q.5	d) All of the above	1	1
Q.6	a) I & II	1	1
Q.7	a) Distinguishing between ‘you’ and ‘me’ OR b) Cognitive Domain	1	1
Q.8	d) Cognitive Development	1	1
Q.9	c) Reflexes	1	1
Q.10	b) Physical need OR c) Less than six students	1	1
Q.11	c) Care at provider’s home OR b) Interest	1	1
Q.12	d) Will arrange a parent teacher meeting OR c) Immunizations	1	1
Q.13	b) Different types of Play OR c) I, II and III	1	1
Q.14	d) Portfolio	1	1
Q.15	d) Awareness OR	1	1

	d) All of the above		
Q.16	a) Learning disability	1	1
Q.17	i) Socialisation is the process by which children acquire skills to become responsible adults in their society. ii) Parents/Family iii) Teachers, Peer Group and Neighbourhood (<i>any two</i>)	1+1 (Any Two)	2
Q.18	i) Social Development of Child/Socialisation of Child/Child and Social Development/ Child and Socialisation/ Any other relevant title ii) Social iii) Social Development/Socialisation	1+1 (Any Two)	2
Q.19	i) After the birthday party at the monument/park, I would gather all the waste material, place it in trash bags, and then use the designated trash bins or carry the waste back with me to dispose of it properly, ensuring no litter is left and area remains clean and litter-free. ii) Social	1+1	2
Q.20	Equality of opportunity in public employment Article 16 of the constitution of India Free and compulsory education to all children of the age of six to fourteen years Article 21a of the constitution of India Prohibition of employment of children Article 24 of the constitution of India Freedom against untouchability Article 17 of the constitution of India OR National Health Policy (NHP), 2017 The policy aims the attainment of the highest possible level of health and wellbeing for all at all ages Integrated Child Development Services (ICDS)1975 , It encompasses all children in the age group of 0-6 years, pregnant women and lactating mothers. National Early Childhood Care and Education Policy, 2013 The Policy commits to universal access to quality early childhood education to all children under six years of age. Mid Day Meal Scheme (MDMS), 1995 to improve the nutritional status of children studying in primary classes	1x4	4
Q.21	i) True ii) False iii) False	1+1 (Any Two)	2
Q.22	i) True ii) True	1 (Any One)	1

	<i>(Any other relevant point, Any three)</i>		
Q.42	<p>ECCE- The term ECCE comprises of three key terms:- ‘Early Childhood’, ‘Care’, and ‘Education’. Early childhood is the period from birth to six years. This is the most important period of life characterized by rapid growth and development. By ‘Care’ we mean providing love and affection and ensuring a healthy, hygienic, protective and stimulating environment for all children. ‘Education’ is a process of acquiring knowledge, skills, attitudes and values through exploration, experimentation, observation, participation and interaction.</p> <p>Components of ECCE Program</p> <ul style="list-style-type: none"> ~ Health, Nutrition and Hygiene ~ Care and Protection ~ Early Stimulation ~ Early Learning <p>(With explanation)</p>	1 1 x 4	5
OR			
	<p>The two phrases ‘use or lose’ and ‘serve and return’ have been coined in a paper (Shonkoff, 2005) to convey the potency of care and stimulation for children’s minds to flower. If the brain is not used by way of exposure, there is no will to learn. The child may be listless, while on the other hand, the way you care and be responsive to children the more benefits the child will reap.</p> <p>Factors that Influence Early Childhood</p> <ol style="list-style-type: none"> 1) Heredity 2) Environment 3) Nutrition 4) Exercise 5) Nutrition 6) Socio-Economic Status 7) Sex of the child 8) Geographical Influences <p><i>(Any other relevant point, Any three with explanation)</i></p>	2 1x3	5
Q.43	<p>Five types of play defined by Parten</p> <ol style="list-style-type: none"> 1) Unoccupied play 2) Solitary play 3) Onlooker play 4) Parallel play 5) Associative play 6) Cooperative play <p><i>(Any five with relevant example of play)</i></p>	½x5 (for type of play) ½x5 (for example of play)	5
OR			
	<ol style="list-style-type: none"> 1) Gross Motor Skills - Hopping, Climbing (Ascending and Descending), Rhythmic Movement, Playing With Ball, Throwing, Catching, Kicking etc. 2) Fine Motor Skills - Pre-writing, Drawing, Painting, Clay Modelling, Play With Manipulative Materials etc. 3) Language Development – Reading, Writing, Interaction, Action Rhymes, Dramatisation, Role Play, Puppet Play, Oral Expression, Nature Walk, Creating 	½x5 (for each domain)	5

	<p>Sentences etc.</p> <p>4) Cognitive Development – Concrete and First-Hand Experiences’ Activities, Reading, Writing, Interaction etc.</p> <p>5) Social Development – Indoor Games, Outdoor Games, Visits etc.</p> <p>6) Emotional Development – Celebrations, Music and Dance, Plays, Role Play etc.</p> <p>7) Moral Development – Coordinating activities, Interaction on Situation, Putting an example, Role Play etc.</p> <p><i>(Any five with example of relevant activity)</i></p>	<p>½x5 (for developmentally appropriate activity)</p>	
--	---	---	--