

QUESTION PAPER DESIGN

Subject: Physical Education and Yog

Class: Senior Secondary

Total Marks: 70

Duration: 3 hours

1. Weightage to Objectives

Objective	Marks	% age of Total marks
Knowledge	18	25
Understanding	31	45
Application/Skill	21	30
Total	70	100

2. Weightage by types of Questions

Type of Questions	Number of Questions	Marks Each Question	Marks Allotted
Objective Type Questions	15*	1	15
1 Marks (MCQs)			
1x2=2 Marks (with two sub-points) (fill in the blanks, match the column, paragraph or case-based questions, one-word questions, true/false, etc.)	10**	2	20
Very Short Answer	8#	2	16
Short Answer	3##	3	09
Long Answer	2###	5	10
Total	38		70

3. Weightage by content

Module No.	Name of the Module	Marks
1.	Concept of physical education and Yog	10
2.	Dimensions of Physical Education and Yog	14
3.	Holistic Health	14
4.	Physical Education and sports Sciences	16
5.	Yogic practices	16
	Total	70

4. Difficulty Level of the Question Paper

LEVEL	PERCENTAGE	MARKS
DIFFICULT	25	18
AVERAGE	45	31
EASY	30	21

*8 Question will have alternative choice
**5 Question will have alternative choice
4 Question will have alternative choice
##2 Question will have alternative choice
2 Question will have alternative choice