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243en01 pm

Brief Introduction

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

Purandara Dasa has laid down certain typical kind of exercises for the elementary level of learners in the field of Carnatic Music, which is essential for vocal students as well as learners of instrumental music such as veena, violin, flute etc. These exercises are followed by teachers even today without any change, which shows its importance in the field of learning. These exercises are normally practised in the raga Mayamalava Gowla, as propounded by Purandara Dasa himself, since the similarity in both the tetrachord ie. SRGM — PDNS; makes the beginner comfortable in learning these exercises. And the raga Mayamalava Gowla is the best to sing these exercises because generally the students are advised to practice in the morning, when the raga is apt to sing.

Swarasthanas are different varieties of musical notes which presently used in Carnatic Music. They are Sudha Rishabham, Chatushruti Rishabham, Sadharana Gandharam, Antara Gandharam, Sudha Madhyamam, Prati Madhyamam, Sudha Dhaivatam, Chatushruti Dhaivatam, Kaisiki Nishadam and Kakali Nishadam; apart from the Achala Swaras i.e. Shadja and Panchama. Students should have an understanding about their frequency for singing as well as Listening. Students can understand both the varieties with its lower and higher intensity, through the songs and other exercises which mentioned in this study material.



OBJECTIVE

After practising this lesson, the learner will be able to:

- perform Gamakas and Brigas fluently;
- present with perfect Laya;
- raise the range of the voice;
- create a quality voice.



Notes

1.1 SARALI VARISA

1.1.1 I speed

1) $\left\| \begin{array}{cccc|cccc} x & 1 & 2 & 3 & x & v & x & v \\ S; & R; & G; & M; & P; & D; & N; & S; \end{array} \right\|$
 $\left\| \begin{array}{cccc|cccc} x & 1 & 2 & 3 & x & v & x & v \\ \dot{S}; & N; & D; & P; & M; & G; & R; & S; \end{array} \right\|$

II speed

$\left\| \begin{array}{cccc|cc|cc} x & 1 & 2 & 3 & x & v & x & v \\ S R & G M & P D & N \dot{S} & \dot{S} N & D P & M G & R S \end{array} \right\|$

III speed

$\left\| \begin{array}{cccc|cccc} x & & & & I & & & \\ s & r & g & m & p & d & n & \dot{s} \\ 2 & & & & 3 & & & \\ s & n & d & p & m & g & r & s \\ \left. \begin{array}{c} x \\ s \end{array} \right| r & g & \dot{s} & m & \left. \begin{array}{c} v \\ p \end{array} \right| d & n & & \\ \left. \begin{array}{c} x \\ s \end{array} \right| n & d & p & & \left. \begin{array}{c} v \\ m \end{array} \right| g & r & s & \end{array} \right\|$

1.1.2 I speed

2) $\left\| \begin{array}{cccc|cc|cc} x & 1 & 2 & 3 & x & v & x & v \\ S; & R; & S; & R; & S; & R; & G; & M; \end{array} \right\|$
 $\left\| \begin{array}{cccc|cc|cc} x & 1 & 2 & 3 & x & v & x & v \\ S; & R; & G; & M; & P; & D; & N; & S; \end{array} \right\|$
 $\left\| \begin{array}{cccc|cc|cc} x & 1 & 2 & 3 & x & v & x & v \\ \dot{S}; & N; & \dot{S}; & N; & \dot{S}; & N; & D; & P; \end{array} \right\|$
 $\left\| \begin{array}{cccc|cc|cc} x & 1 & 2 & 3 & x & v & x & v \\ \dot{S}; & N; & D; & P; & M; & G; & R; & S; \end{array} \right\|$

II speed

$\left\| \begin{array}{cccccccc} x & & 1 & & 2 & & 3 & \\ S & R & S & R & S & R & G & M \end{array} \right\|$



x		v		x		v	
S	R	G	M	P	D	N	S

x		1		x		v	
S	N	S,	N	S	N	D,	P

x		v		x		v	
S	N	D	P	M	G	R	S

Notes

III speed

x		1		2		3	
s	r	s	r	s	r	g	m

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p

1.1.3 I speed

x	1	2	3	x	v	x	v	
S;	R;	G;	S;	R;	G;	S;	R;	

x	1	2	3	x	v	x	v	
S;	R;	G;	M;	P;	D;	N;	S;	

x	1	2	3	x	v	x	v	
S;	N;	D;	S;	N;	D;	S;	N;	

x	1	2	3	x	v	x	v	
S;	N;	D;	P;	M;	G;	R;	S;	

II speed

x	1	2	3	
S	R	G	S	R

x	v	x	v	
S	R	G	M	P

x	1	2	3	
S	N	D	S	N

x	v	x	v	
S	N	D	P	M

x	v	x	v	
S	N	D	P	M

x	v	x	v	
S	N	D	P	M

x	v	x	v	
S	N	D	P	M

III speed

x		1		2		3	
s	r	g	s	r	g	s	r

x		v		x		v	
s	n	s	n	s	n	d	p

x		v		x		v	
s	n	s	n	s	n	d	p



Notes

$\left| \begin{array}{cccc} x & & v & \\ \dot{s} & n & d & \dot{s} \end{array} \right| \left| \begin{array}{cccc} & & & \\ n & d & \dot{s} & n \end{array} \right| \left| \begin{array}{cccc} x & & & v \\ s & n & d & p \end{array} \right| \left| \begin{array}{cccc} & & & \\ m & g & r & s \end{array} \right| \left| \right|$

1.1.4 I speed

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ S; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ S; & R; \end{array} \right| \left| \begin{array}{cc} x & v \\ G; & M; \end{array} \right| \right|$

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ S; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ P; & D; \end{array} \right| \left| \begin{array}{cc} x & v \\ N; & \dot{S}; \end{array} \right| \right|$

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ S; & N; & D; & P; \end{array} \right| \left| \begin{array}{cc} x & v \\ \dot{S}; & N; \end{array} \right| \left| \begin{array}{cc} x & v \\ D; & P; \end{array} \right| \right|$

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ \dot{S}; & N; & D; & P; \end{array} \right| \left| \begin{array}{cc} x & v \\ M; & G; \end{array} \right| \left| \begin{array}{cc} x & v \\ R; & S; \end{array} \right| \right|$

II speed

$\left| \left| \begin{array}{cccc} x & & 1 & 2 & 3 \\ S & R & G & M & S & R & G & M \end{array} \right| \right|$

$\left| \left| \begin{array}{cccc} x & & v & x & v \\ S & R & G & M & P & D & N & \dot{S} \end{array} \right| \right|$

$\left| \left| \begin{array}{cccc} x & & 1 & 2 & 3 \\ \dot{S} & N & D & P & \dot{S} & N & D & P \end{array} \right| \right|$

$\left| \left| \begin{array}{cccc} x & & v & x & v \\ \dot{S} & N & D & P & M & G & R & S \end{array} \right| \right|$

III speed

$\left| \left| \begin{array}{cccc} x & & 1 & 2 & 3 \\ s & r & g & m & s & r & g & m & p & d & n & \dot{s} \end{array} \right| \right|$

$\left| \left| \begin{array}{cccc} x & & v & x & v \\ \dot{s} & n & d & p & \dot{s} & n & d & p & \dot{s} & n & d & p & m & g & r & s \end{array} \right| \right|$

1.1.5 I speed

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ S; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ P; & ;; \end{array} \right| \left| \begin{array}{cc} x & v \\ S; & R; \end{array} \right| \right|$

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ S; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ P; & D; \end{array} \right| \left| \begin{array}{cc} x & v \\ N; & S; \end{array} \right| \right|$

$\left| \left| \begin{array}{ccc} x & 1 & 2 & 3 \\ \dot{S}; & N; & D; & P; \end{array} \right| \left| \begin{array}{cc} x & v \\ M; & ;; \end{array} \right| \left| \begin{array}{cc} x & v \\ \dot{S}; & N; \end{array} \right| \right|$



|| x 1 2 3 | x v | x v ||
 || S; N; D; P; | M; G; | R; S; ||

II speed

|| x 1 2 3 | |
 || S R G M P ; S R | |

| x r v | x v |
 | S R G M | P D N Ṡ |

|| ẋ 1 2 3 | |
 || Ṡ N D P M ; Ṡ N | |

| ẋ v | x v |
 | Ṡ N D P | M G R S |

III speed

|| x 1 2 3 | |
 || s r g m p , s r s r g m p d n ṡ | |

| x v | x v |
 | ṡ n d p m , ṡ n | ṡ n d p m g r s |

1.1.6 I speed

|| x 1 2 3 | x v | x v |
 || S; R; G; M; | P; D; | S; R; ||

|| x 1 2 3 | x v | x v |
 || S; R; G; M; | P; D; | N; Ṡ; ||

|| ẋ 1 2 3 | x v | ẋ v |
 || Ṡ; N; D; P; | M; G; | Ṡ; N; ||

|| ẋ 1 2 3 | x v | x v |
 || Ṡ; N; D; P; | M; G; | R; S; ||

II speed

|| x 1 2 3 | |
 || S, R, G, M, P, D, S, R, | |

| x v | x v |
 | S, R, G, M, P, D, N, Ṡ, |

|| ẋ 1 2 3 | |
 || Ṡ, N, D, P, M, G, Ṡ, N, | |



Notes

$\left| \begin{array}{cccccccc} x & & v & & & x & & v \\ S, & N, & D, & P & L & M, & G, & R, \end{array} \right. \left. \right|$

III speed

$\left| \begin{array}{cccccccc} x & & & 1 & & 2 & & 3 \\ s & r & g & m & p & d & s & r & s & r & g & m & p & d & n & \dot{s} \end{array} \right|$
 $\left| \begin{array}{cccccccc} x & & & v & & & x & & v \\ \dot{s} & n & d & p & m & g & \dot{s} & n & \dot{s} & n & d & p & m & g & r & s \end{array} \right|$

1.1.7 I speed

$\left| \begin{array}{cccc} x & 1 & 2 & 3 \\ \dot{S}; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ P; & D; \end{array} \right| \left| \begin{array}{cc} x & v \\ N; & ;; \end{array} \right|$
 $\left| \begin{array}{cccc} x & 1 & 2 & 3 \\ \dot{S}; & R; & G; & M; \end{array} \right| \left| \begin{array}{cc} x & v \\ P; & D; \end{array} \right| \left| \begin{array}{cc} x & v \\ N; & \dot{S}; \end{array} \right|$
 $\left| \begin{array}{cccc} x & 1 & 2 & 3 \\ \dot{S}; & N; & D; & P; \end{array} \right| \left| \begin{array}{cc} x & v \\ M; & G; \end{array} \right| \left| \begin{array}{cc} x & v \\ R; & ;; \end{array} \right|$
 $\left| \begin{array}{cccc} x & 1 & 2 & 3 \\ \dot{S}; & N; & D; & P; \end{array} \right| \left| \begin{array}{cc} x & v \\ M; & G; \end{array} \right| \left| \begin{array}{cc} x & v \\ R; & S; \end{array} \right|$

II speed

$\left| \begin{array}{cccccccc} x & & 1 & & 2 & & 3 & \\ S & R & G & M & P & D & N & ; \end{array} \right|$
 $\left| \begin{array}{cccc} x & & v & \\ S & R & G & M \end{array} \right| \left| \begin{array}{ccc} x & & v \\ P & D & N \end{array} \right| \left. \right| \dot{S} \left. \right|$
 $\left| \begin{array}{cccccccc} x & & 1 & & 2 & & 3 & \\ \dot{S} & N & D & P & M & G & R & ; \end{array} \right|$
 $\left| \begin{array}{cccccccc} x & & v & & & x & & v \\ \dot{S} & N & D & P & M & G & R & S \end{array} \right|$

III speed

$\left| \begin{array}{cccccccc} x & & & 1 & & 2 & & 3 \\ s & r & g & m & p & d & n, s & r & g & m & p & d & n & \dot{s} \end{array} \right|$
 $\left| \begin{array}{cccccccc} x & & & v & & x & & v \\ \dot{s} & n & d & p & m & g & r, \dot{s} & n & d & p & m & g & r & s \end{array} \right|$



1.1.8 I speed

	x	1	2	3		x	v		x	v	
	S;	R;	G;	M;		P;	M;		G;	R;	

	x	1	2	3		x	v		x	v	
	S;	R;	G;	M;		P;	D;		N;	S;	

	x	1	2	3		x	v		x	v	
	S;	N;	D;	P;		M;	P;		D;	N;	

	x	1	2	3		x	v		x	v	
	S;	N;	D;	P;		M;	G;		R;	S;	

II speed

	x		1			2		3		
	S	R	G	M		P	M	G	R	

	x		v			x		v		
	S	R	G	M		P	D	N	S	

	x		1			2		3		
	S	N	D	P		M	P	D	N	

	x		v			x		v		
	S	N	D	P		M	G	R	S	

III speed

	x			1			2		3								
	s	r	g	m	p	m	g	r	s	r	g	m	p	d	n	s	

	x			v			x		v								
	S	N	D	P	M	P	D	N	S	N	D	P	M	G	R	S	

1.1.9 I speed

	x	1	2	3		x	v		x	v	
	S;	R;	G;	M;		P;	M;		D;	P;	

	x	1	2	3		x	v		x	v	
	S;	R;	G;	M;		P;	D;		N;	S;	

	x	1	2	3		x	v		x	v	
	S;	N;	D;	P;		M;	P;		G;	M;	

	x	1	2	3		x	v		x	v	
	S;	N;	D;	P;		M;	G;		R;	S;	



Notes

II speed

x	1	2	3	
S R	G M	P M	D P	
x	v	x	v	
S R	G M	P D	N Ṡ	
x	1	2	3	
Ṡ N	D P	M P	G M	
x	v	x	v	
Ṡ N	D P	M G	R S	

1.1.10 I speed

x	1	2	3	x	v	x	v	
S;	R;	G;	M;	R;	G;	M;	P;	
x	1	2	3	x	v	x	v	
S;	R;	G;	M;	P;	D;	N;	Ṡ;	
x	1	2	3	x	v	x	v	
Ṡ;	N;	D;	P;	N;	D;	P;	M;	
x	1	2	3	x	v	x	v	
Ṡ;	N;	D;	P;	M;	G;	R;	S;	

II speed

x	1	2	3	
S R	G M	R G	M P	
x	v	x	v	
S R	G M	P D	N Ṡ	
x	1	2	3	
Ṡ N	D P	N D	P M	
x	v	x	v	
Ṡ N	D P	M G	R S	

III speed

x	1	2	3	
s r g m	r g m p	s r g m	p d n ṡ	
x	v	x	v	
ṡ n d p	n d p m	ṡ n d p	m g r s	

1.1.11 I speed

x	1	2	3	x	v	x	v
S;	R;	G;	M;	P;	::	G;	M;
x	1	2	3	x	v	x	v
P;	;	P;	;	P;	::	P;	;
x	1	2	3	x	v	x	v
G;	M;	P;	D;	N;	D;	P;	M;
x	1	2	3	x	v	x	v
G;	M;	P;	G;	M;	G;	R;	S;
x	1	2	3	x	v	x	v
S;	;	N;	D;	N;	;	D;	P;
x	1	2	3	x	v	x	v
D;	;	P;	M;	P;	;	P;	;
x	1	2	3	x	v	x	v
G;	M;	P;	D;	N;	D;	P;	M;
x	1	2	3	x	v	x	v
G;	M;	P;	G;	M;	G;	R;	S;
x	1	2	3	x	v	x	v
S;	S;	N;	D;	N;	N;	D;	P;
x	1	2	3	x	v	x	v
D;	D;	P;	M;	P;	;	P;	;
x	1	2	3	x	v	x	v
G;	M;	P;	D;	N;	D;	P;	M;
x	1	2	3	x	v	x	v
G;	M;	P;	G;	M;	G;	R;	S;
x	1	2	3	x	v	x	v
S;	R;	G;	R;	G;	;	G;	M;
x	1	2	3	x	v	x	v
P;	M;	P;	;	D;	P;	D;	;
x	1	2	3	x	v	x	v
M;	P;	D;	P;	D;	N;	D;	P;
x	1	2	3	x	v	x	v
M;	P;	D;	P;	M;	G;	R;	S;



Notes

Module II

Carnatic Classical Music



Notes

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

x	1	2	3	x	v	x	v
S;	R;	G;	M;	P;	;	P;	;
x	1	2	3	x	v	x	v
D;	D;	P;	;	M;	M;	P;	;
x	1	2	3	x	v	x	v
D;	N;	S;	;	S;	N;	D;	P;
x	1	2	3	x	v	x	v
S;	N;	D;	P;	M;	G;	R;	S;

II speed

x	1	2	3	x	v	x	v
S	R	G	M	P	;	G	M
x	v	x	v	x	v	x	v
P	;	P	;	P	;	P	;
x	1	2	3	x	v	x	v
G	M	P	D	N	D	P	M
x	v	x	v	x	v	x	v
G	M	P	G	M	G	R	S
x	1	2	3	x	v	x	v
S	;	N	D	N	;	D	P
x	v	x	v	x	v	x	v
D	;	P	M	P	;	P	;
x	1	2	3	x	v	x	v
G	M	P	D	N	D	P	M
x	v	x	v	x	v	x	v
G	M	P	G	M	G	R	S
x	1	2	3	x	v	x	v
S	S	N	D	N	N	D	P
x	v	x	v	x	v	x	v
D	D	P	M	P	;	P	;
x	1	2	3	x	v	x	v
G	M	P	D	N	D	P	M
x	v	x	v	x	v	x	v
G	M	P	G	M	G	R	S



Notes

x	1	2	3
S R G R	G ;	G M	
x	v	x	v
P M P ;	D P D ;		
x	1	2	3
M P D P	D N D P		
x	v	x	v
M P D P	M G R S		
x	1	2	3
S R G M	P ;	P ;	
x	v	x	v
D D ; M	M P ;		
x	1	2	3
D N Ṡ ;	Ṡ N D P		
x	v	x	v
Ṡ N D P	M G R S		

III speed

x	1	2	3
S r g m p , g m p , , ,	p , , ,		
x	v	x	v
g m p d n d p m	g m p g m g r s		
x	1	2	3
ṡ , n d n , d p d , p m p , p ,			
x	v	x	v
g m p d n d p m	g m p g m g r s		
x	1	2	3
ṡ ṡ n d n n d p d d p m p , p ,			
x	v	x	v
g m p d n d p m	g m p g m g r s		
x	1	2	3
s r g r g , g m p m p , d p d ,			
x	v	x	v
m p d p d n d p	m p d p m g r s		



x	1	2	3
s	r g m p ,	p ,	d d p ,
x	v	x	v
d	n ś ,	ś n d p	ś n d p m g r s

1.2 HECCHUSTHAYI (THARASTHAYI VARISA)

I speed

1)	x	1	2	3	x	v	x	v	
	S;	R;	G;	M;	P;	D;	N;	Ś;	
	x	1	2	3	x	v	x	v	
	Ś;	;;	;;	;;	Ś;	;;	;;	;;	
	x	1	2	3	x	v	x	v	
	D;	N;	Ś;	Ṙ;	Ś;	N;	D;	P;	
	x	1	2	3	x	v	x	v	
	Ś;	N;	D;	P;	M;	G;	R;	S;	
2)	x	1	2	3	x	v	x	v	
	S;	R;	G;	M;	P;	D;	N;	S;	
	x	1	2	3	x	v	x	v	
	Ś;	;;	;;	;;	Ś;	;;	;;	;;	
	x	1	2	3	x	v	x	v	
	D;	N;	Ś;	Ṙ;	Ś;	Ś;	Ṙ;	Ś;	
	x	1	2	3	x	v	x	v	
	Ś;	Ṙ;	Ś;	N;	D;	P;	M;	P;	
	x	1	2	3	x	v	x	v	
	D;	N;	Ś;	Ṙ;	Ś;	N;	D;	P;	
	x	1	2	3	x	v	x	v	
	Ś;	N;	D;	P;	M;	G;	R;	S;	
3)	x	1	2	3	x	v	x	v	
	S;	R;	G;	M;	P;	D;	N;	Ś;	
	x	1	2	3	x	v	x	v	
	Ś;	;;	;;	;;	Ś;	;;	;;	;;	
	x	1	2	3	x	v	x	v	
	D;	N;	Ś;	Ṙ;	G;	Ṙ;	Ś;	Ṙ;	



Notes

	x	1	2	3	x	v	x	v
	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ṣ;	Ṣ;	Ṛ;	Ṣ;
	x	1	2	3	x	v	x	v
	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;
	x	1	2	3	x	v	x	v
	Ṣ;	N;	D;	P;	M;	G;	R;	S;
4)	x	1	2	3	x	v	x	v
	S;	R;	G;	M;	P;	D;	N;	Ṣ;
	x	1	2	3	x	v	x	v
	Ṣ;	::	::	::	Ṣ;	::	Ṣ;	::
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ḡ;	M;	Ḡ;	Ṛ;
	x	1	2	3	x	v	x	v
	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ḡ;	Ṛ;	Ṣ;	Ṛ;
	x	1	2	3	x	v	x	v
	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ṣ;	Ṣ;	Ṛ;	Ṣ;
	x	1	2	3	x	v	x	v
	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
	x	1	2	3	x	v	x	v
	D;	N;	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;
	x	1	2	3	x	v	x	v
	Ṣ;	N;	D;	P;	M;	G;	R;	S;
5)	x	1	2	3	x	v	x	v
	S;	R;	G;	M;	P;	D;	N;	Ṣ;

Module II

Carnatic Classical Music



Notes

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

x	1	2	3	x	v	x	v
Ṣ;	;;	;;	;;	S;	;;	;;	;;
x	1	2	3	x	v	x	v
D;	N;	Ṣ;	Ṛ;	Ḡ;	Ṣ;	Ṣ;	Ṣ;
x	1	2	3	x	v	x	v
Ḡ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
x	1	2	3	x	v	x	v
D;	N;	Ṣ;	Ṛ;	Ḡ;	Ṣ;	Ḡ;	Ṛ;
x	1	2	3	x	v	x	v
Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
x	1	2	3	x	v	x	v
D;	N;	Ṣ;	Ṛ;	Ḡ;	Ṛ;	Ṣ;	Ṛ;
x	1	2	3	x	v	x	v
Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
x	1	2	3	x	v	x	v
D;	N;	Ṣ;	Ṛ;	Ṣ;	Ṣ;	Ṛ;	Ṣ;
x	1	2	3	x	v	x	v
Ṣ;	Ṛ;	Ṣ;	N;	D;	P;	M;	P;
x	1	2	3	x	v	x	v
D;	N;	Ṣ;	Ṛ;	Ṣ;	N;	D;	P;
x	1	2	3	x	v	x	v
Ṣ;	N;	D;	P;	M;	G;	R;	S;

II speed

1)

x		1		2		3	
S	R	G	M	P	D	N	Ṣ
x		v		x		v	
Ṣ	;	;	;	Ṣ	;	;	;
x		1		2		3	
D	N	Ṣ	Ṛ	S	N	D	P
x		v		x		v	
Ṣ	N	D	P	M	G	R	S



Notes

2) || x 1 2 3 ||
 || S R G M | P D N Ṡ ||
 || x v x v ||
 || Ṡ ; ; ; | Ṡ ; ; ; ||

	x 1 2 3		
	D N Ṡ Ṙ	Ṡ Ṡ Ṙ Ṡ	
	x v x v		
	Ṡ Ṙ Ṡ Ṅ	Ḋ Ṗ Ṁ Ṗ	

	x 1 2 3		
	D N Ṡ Ṙ	Ṡ N D P	
	x v x v		
	Ṡ N D P	M G R S	

3) || x 1 2 3 ||
 || S R G M | P D N Ṡ ||
 || x v x v ||
 || Ṡ ; ; ; | Ṡ ; ; ; ||

	x 1 2 3		
	D N Ṡ Ṙ	Ġ Ṙ Ṡ Ṙ	
	x v x v		
	Ṡ Ṙ Ṡ N	D P M P	

	x 1 2 3		
	D N Ṡ Ṙ	Ṡ Ṡ Ṙ Ṡ	
	x v x v		
	Ṡ Ṙ Ṡ N	D P M P	

	x 1 2 3		
	D N Ṡ Ṙ	Ṡ N D P	
	x v x v		
	Ṡ N D P	M G R S	

4) || x 1 2 3 ||
 || S R G M | P D N Ṡ ||
 || x v x v ||
 || Ṡ ; ; ; | Ṡ ; ; ; ||

Module II

Carnatic Classical Music



Notes

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

		x	1		2	3	
		D	N	Ṡ	Ṛ	Ḡ	Ḡ
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ḡ	Ṛ
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ṡ	S
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ṡ	N
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	N	D	P	M	G
		Ṡ	N	D	P	M	G
5)		x	1		2	3	
		Ṡ	R	G	M	P	D
		Ṡ	R	G	M	P	D
		Ṡ	R	G	M	P	D
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ḡ	Ḡ
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ḡ	Ḡ
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P
		x	1		2	3	
		D	N	Ṡ	Ṛ	Ḡ	Ṛ
		Ṡ	Ṛ	Ṡ	N	D	P
		Ṡ	Ṛ	Ṡ	N	D	P



	x		1		2		3		
	D	N	Ṣ	Ṛ	Ṣ	Ṣ	Ṛ	Ṣ	
	X		V		X		V		
	Ṣ	Ṛ	Ṣ	N	D	P	M	P	
	X		1		2		3		
	D	N	Ṣ	Ṛ	Ṣ	N	D	P	
	X		V		X		V		
	Ṣ	N	D	P	M	G	R	S	

Notes

III speed

1.		x		1		2		3		
		srgm		pdns		Ṣ ;		Ṣ ;		
		x		v		x		v		
		dn̄sr		ṣndp		ṣndp		mgrs		
2.		x		1		2		3		
		srgm		pdns		Ṣ ;		Ṣ ;		
		x		v		x		v		
		dn̄sr		ṣsr̄s		ṣsr̄sn		dpmp		
		x		1		2		3		
		dn̄sr		ṣndp		ṣndp		mgrs		
3.		x		v		x		v		
		srgm		pdns		Ṣ ;		Ṣ ;		
		x		1		2		3		
		dn̄sr		ṣgr̄sr		ṣsr̄sn		dpmp		
		x		v		x		v		
		dn̄sr		ṣsr̄s		ṣsr̄sn		dpmp		
		x		1		2		2		
		dn̄sr		ṣndp		ṣndp		mgrs		
4.		x		v		x		v		
		srgm		pdns		Ṣ ;		Ṣ ;		
		x		1		2		3		
		dn̄sr		ṣgm̄gr		ṣsr̄sn		dpmp		
		x		v		x		v		
		dn̄sr		ṣgr̄sr		ṣsr̄sn		dpmp		

Module II

Carnatic Classical Music



Notes

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

	x dnšr	1 ššrš	2 šršn	3 dpmp
	x dnšr	v šndp	x šndp	v mgrs
5.	x srgm	1 pdns	2 Š;	3 Š;
	x dnšr	v gmpm	x gršn	v dpmp
	x dnšr	1 gmgr	2 šršn	3 dpmp
	x dnšr	v gršr	x šršn	v dpmp
	x dnšr	1 ššrš	2 šršn	3 dpmp
	x dnšr	v šndp	x šndp	v mgrs

1.3 TAGGUSTHAYI (MANDRASTHAYI) VARISA

I speed

1.	x Š;	1 N;	2 D;	3 P;	x M;	v G;	x R;	v S;
	X S;	1 ;;	2 ;;	3 ;;	X S;	V ;;	X ;;	V ;;
	X G;	1 R;	2 S;	3 N;	X S;	V R;	X G;	V M;
	X S;	1 R;	2 G;	3 M;	X P;	V D;	X N;	V Š;
2.	X Š;	1 N;	2 D;	3 P;	X M;	V G;	X R;	V S;
	X S;	1 ;;	2 ;;	3 ;;	X S;	V ;;	X ;;	V ;;
	X G;	1 R;	2 S;	3 N;	X S;	V S;	X N;	V S;



Notes

		x	1	2	3		x	v		x	v	
		S;	N;	S;	R;		G;	M;		P;	M;	
		x	1	2	3		x	v		x	v	
		G;	R;	S;	N;		S;	R;		G;	M;	
		x	1	2	3		x	v		x	v	
		S;	R;	G;	M;		P;	D;		N;	S;	
3.		x	1	2	3		x	v		x	v	
		S;	N;	D;	P;		M;	G;		R;	S;	
		x	1	2	3		x	v		x	v	
		S;	::	::	::		S;	::		::	::	
		x	1	2	3		x	v		x	v	
		G;	R;	S;	N;		D;	N;		S;	N;	
		x	1	2	3		x	v		x	v	
		S;	N;	S;	R;		G;	M;		P;	M;	
		x	1	2	3		x	v		x	v	
		G;	R;	S;	N;		S;	S;		N;	S;	
		X	1	2	3		X	V		X	V	
		S;	N;	S;	R;		G;	M;		P;	M;	
		X	1	2	3		X	V		X	V	
		G;	R;	S;	N;		S;	R;		G;	M;	
		X	1	2	3		X	V		X	V	
		S;	R;	G;	M;		P;	D;		N;	S;	
4.		X	1	2	3		X	V		X	V	
		S;	N;	D;	P;		M;	G;		R;	S;	
		X	1	2	3		X	V		X	V	
		S;	::	::	::		S;	::		::	::	
		X	1	2	3		X	V		X	V	
		G;	R;	S;	N;		D;	P;		D;	N;	
		X	1	2	3		X	V		X	V	
		S;	N;	S;	R;		G;	M;		P;	M;	
		X	1	2	3		X	V		X	V	
		G;	R;	S;	N;		D;	N;		S;	N;	

Module II

Carnatic Classical Music



Notes

Sarali Varisa, Taggu Sthayi and Hecchu Sthayi Varisa

x	1	2	3	x	v	x	v
S;	N;	S;	R;	G;	M;	P;	M;

x	1	2	3	x	v	x	v
G;	R;	S;	N;	S;	S;	N;	S;

x	1	2	3	x	v	x	v
S;	N;	S;	R;	G;	M;	P;	M;

x	1	2	3	x	v	x	v
G;	R;	S;	N;	S;	R;	G;	M;

x	1	2	3	x	v	x	v
S;	R;	G;	M;	P;	D;	N;	S;

II speed

1)

x	1	2	3
S	N	D	P
x	v	x	v
S	::	::	S;

x	1	2	3
G	R	S	N
x	v	x	v
S	R	G	M
x	v	x	v
S	R	P	D
x	v	x	v
S	R	N	S

2)

x	1	2	3
S	N	D	P
x	v	x	v
S;	::	L	S;

x	1	2	3
G	R	S	N
x	v	x	v
S	N	S	R
x	v	x	v
S	N	G	M
x	v	x	v
S	N	P	M

x	1	2	3
G	R	S	N
x	v	x	v
S	R	G	M



3) $\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & R & G & M & P & D & N & \dot{S} \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ \dot{S} & N & D & P & M & G & R & S \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & ; & ; & L & S; & ; & & \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & D & N & S & N \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & N & S & R & G & M & P & M \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & S & S & N & S \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & N & S & R & G & M & P & M \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & S & R & G & M \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & R & G & M & P & D & N & \dot{S} \end{array} \right|$

4. $\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ \dot{S} & N & D & P & M & G & R & S \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & ; & ; & ; & S; & ; & & \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & D & P & D & N \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & N & S & R & G & M & P & M \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & D & N & S & N \end{array} \right|$

$\left| \begin{array}{cccc|cccc} x & & v & & x & & v & \\ S & N & S & R & G & M & P & M \end{array} \right|$

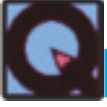
$\left| \begin{array}{cccc|cccc} x & & 1 & & 2 & & 3 & \\ G & R & S & N & S & S & N & S \end{array} \right|$

Notes



x	1	2	3
grṣṇ	dpdn	sṇsr	gm̐pm
x	v	x	v
grṣṇ	ḍṇṣṇ	sṇsr	gm̐pm
x	1	2	3
grṣṇ	ssṇ	ssṇsr	gm̐pm
x	v	x	v
grṣṇ	srgm	srgm	pdn̐s

(To be repeated to complete the thala cycle)



INTEXT QUESTIONS

1. Name the raga in which the elementary exercises have been designed.
2. Mention the Vaggeyakara who formulated the preliminary exercises.
3. Render the varisa which is sung in higher octave.

SUGGESTED ACTIVITIES

1. Practise all these varisas in the ragas like Sankarabharanam, Kalyani etc.
2. Practise all these exercises in different vowel expressions like अ, इ, उ, ए, ओ, अं

Notes