

**National Institute of Open Schooling**  
**Secondary Course : Carnatic Music**  
**Lesson 4 : Introduction to Abhyasa Gana (Sarali Varisai to Swarajati)**  
**Worksheet -4**

1. Two types of Gana are prevalent in Carnatic music. Specify them.
2. Identify the Raga that is used for basic lessons of Carnatic music. Justify its use for this purpose.
3. 'The important feature of Sarali Varisai is the sequence in which they have been composed'. Analyse the given statement in your own words.
4. Identify the Tala of Sarali Varisai. Write down an example showing first and second speeds.
5. Specify the meaning of 'Janata Varisai'.
6. Specify the meaning of 'Datu Varisai'.
7. 'Abhyasa Gana is the fundamental lesson in music.'. Analyse the statement in your own words.
8. Specify the difference in the subject matter of Pillari and Sanchari Gita.
9. Identify a musical form belonging to Abhyasa Gana in which literature is absent.
10. Write down an example, each of Hecchu and Taggu Sthayi Varisai.