

340

Senior Secondary Course

# GENDER STUDIES

2



**NATIONAL INSTITUTE OF OPEN SCHOOLING**

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## A Word with You

Dear Learner

Welcome to the course in Gender Studies.

I am glad that you have chosen Gender Studies as one of the subjects at the Senior Secondary level.

As you know, Gender Studies is a significant area of inquiry today which is interdisciplinary, multidisciplinary, and transdisciplinary at the same time. Worldwide, several institutions at school and higher education level offering Gender studies as a course. You must feel happy that you have chosen a versatile field where you will develop an understanding of working of gender at the social, cultural and psychological level. This course provides a chance to you to acquire many transferable skills that are required by numerous jobs. Employers prefer to hire people with a deep understanding of issues surrounding discrimination and equality and people who are equipped to work in a team or deal with diverse groups of people and this course provides an opportunity to learn this critical issue in your early academic years.

The course on Gender Studies includes various modules: 'Understanding Gender Studies: An Overview', 'Gender Issues and Social Change', 'Education and Gender', 'Gender, Health and Nutrition', 'Gender and Law' and 'Gender and Media'. This course comprises of 20 lessons and presents a well-structured and thoroughly updated discussions of central issues in contemporary gender studies. The course has been developed in modular form and every module deals with a separate concept. Each module is interlinked with others and motivates the learners to develop in-depth understanding about various aspects of gender and its effect on all areas of life- politics, economy, education, law, media, health and nutrition etc.

During the course of study, you will find a number of activities, including intext questions, in the lessons. Do make a sincere effort to attempt them. While activities have been carefully designed to provide you an opportunity to learn and practice, the intext questions and Tutor Marked Assignments (TMA) help you assess the extent of your learning. Attempting these will aid in developing life skills without any extra effort.

For making you prepared for examination in Gender Studies, a sample question paper has been given at the end of the self-learning material. This is followed by detailed marking scheme which will tell you how your answers will be evaluated. Try to answer all the questions and compare those with the answer given in the marking scheme

I hope you will find these study materials rewarding and helpful in your personal and professional life.

Your feedback is always welcome. For any kind of suggestion or difficulty, feel free to contact us. We shall be more than happy to serve you.

Thanks

Course Team

NIOS

## How to use the Learning Material

Congratulation! You have accepted the challenge to be a self-learner. NIOS is with you at every step and has developed in the material in Gender Studies with the help of a team of experts, keeping you in mind. A format supporting independent learning has been followed. If you follow the instructions given, then you will be able to get the best out of this material. The relevant icons used in the material will guide you. These icons have been ex-plained below for your convenience.



**Title:** will give a clear indication of the contents within. Do read it.

**Introduction:** This will introduce you to the lesson linking it to the previous one.

**Objectives:** These are statements that explain what you are expected to learn from the lesson. The objectives will also help you to check what you have learnt after you have gone through the lesson. Do read them.

**Notes:** Each page carries empty space in the side margins, for you to write important points or make notes.

**Intext Questions:** Very short answer self check questions are asked after every section, the answers to which are given at the end of the lesson. These will help you to check your progress. Do solve them. Successful completion will allow you to decide whether to proceed further or go back and learn again.

**What You Have Learnt:** This is the summary of the main points of the lesson. It will help in recapitulation and revision. You are welcome to add your own points to it also.

**Terminal Exercises:** These are long and short questions that provide an opportunity to practice for a clear understanding of the whole topic.

**Do You Know:** This box provides additional information. The text in boxes is important and must be given attention. It is not meant for evaluation, but only to improve your general knowledge.

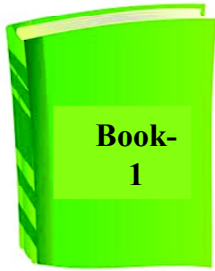
**Answers :** These will help you to know how correctly you have answered the questions.

**Activities:** Certain activities have been suggested for better understanding of the concept.

**Web site:** These websites provide extended learning. Necessary information has been included in the content and you may refer to these for more information.



# COURSE OVERVIEW



## Module

## LESSON

1. Understanding Gender Studies: An Overview

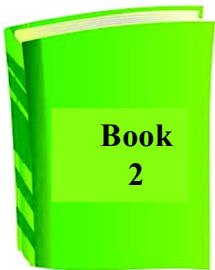
1. Gender Studies - An Introduction
2. Gender: Concept and Meaning
3. Gender in History (Pre-colonial period)
4. Gender in History (Colonial period)

2. Gender Issues and Social Change

5. Marriage Kinship and Family
6. Inequalities of Gender
7. Gender and Economy
8. Gender and Environment

3. Education and Gender

9. Development of Women's Education in India
10. Gender and Educational Policies
11. Schemes and Programmes Towards Gender Equality



## Module

## LESSON

4. Gender, Health and Nutrition

12. Gender and Access to Food
13. Gender and Health - Reproductive, Mental and Emotional Well-being
14. Health Policies and Programmes

5. Gender and Law

15. Family Laws: Dowry, Marriage and Divorce
16. Laws for Women's Safety and Security
17. Gender and Labour Laws

6. Gender and Media

18. Gender and Language
19. Media representation of Gender
20. New Media and Social Change

# CONTENTS

Module	LESSON	PAGE NO.
4. Gender, Health and Nutrition	12. Gender and Access to Food	1-16
	13. Gender and Health - Reproductive, Mental and Emotional Well-being	17-42
	14. Health Policies and Programmes	43-60
5. Gender and Law	15. Family Laws: Dowry, Marriage and Divorce	61-74
	16. Laws for Women's Safety and Security	75-92
	17. Gender and Labour Laws	93-106
6. Gender and Media	18. Gender and Language	107-116
	19. Media representation of Gender	117-134
	20. New Media and Social Change	135-142
Sample Question Paper		143-168

**Note:** The syllabus has been bifurcated into two sections -

I. (i) Lessons for the Tutor Marked Assignment (TMA)

II. (ii) Lessons for public examination question paper

Lessons in Section (ii) are further divided as-

A. Lessons for objective type Questions only

B. Lessons for subjective type of questions.

The details of the different sections are on the next page.



## Bifurcation of Syllabus in Gender Studies (340)

Total no. of Lessons=20

MODULE (No. & name)	I TMA (40% of Syllabus (No. of lessons-8)	II Public Examination (60% of Syllabus)	
		A Objective 50 % (No. of lessons -6)	B Subjective 50 % (No. of lessons -6)
1. Understanding Gender Studies: An Overview	L-3 : Gender in History (Pre-colonial period) L-4 : Gender in History (Colonial period)	L-2 : Gender: Concept and Meaning	L-1 :Gender Studies - An Introduction
2. Gender Issues and Social Change	L-6 : Inequalities of Gender L-8 : Gender and Environment	L -7: Gender and Economy	L -5: Marriage Kinship and Family
3. Education and Gender	L-9 : Development of Women's in India	L-11 : Schemes and Programmes Towards Gender Equality	L-10 : Gender and Educational Policies
4. Gender, Health and Nutrition	L-12 : Gender and Access of Food	L-14 : Health Policies and Programmes	L-13: Gender and Health Reproductive, Mental and Emotional Well-being
5. Gender and Law	L-17 : Gender and Labour Law	L-15 : Family Laws: Dowy, Marriage and Divorce	L-16 : Laws for Women's Safety and Security
6. Gender and Media	L-20 : New Media and Social Change	L-18 : Gender and Language	L-19 : Media representation of Gender

## MODULE -4

### **Gender, Health and Nutrition**

This module enables the learner to explore the relation between gender and food access and consumption particularly with reference to the Indian context. The module also seeks to aware the learners about issues and concerns of adolescent health, prevention of the use of intoxicant substances and anti-health behavioural functions, importance of maternal health and the necessity of dispelling myths and misconceptions related to reproduction. The learner also get exposure to various Health Policies and Programmes that are directed at ensuring the wellbeing of girls and women.

12. Gender and Access to Food
13. Gender and Health - Reproductive, Mental and Emotional Well-being
14. Health Policies and Programmes